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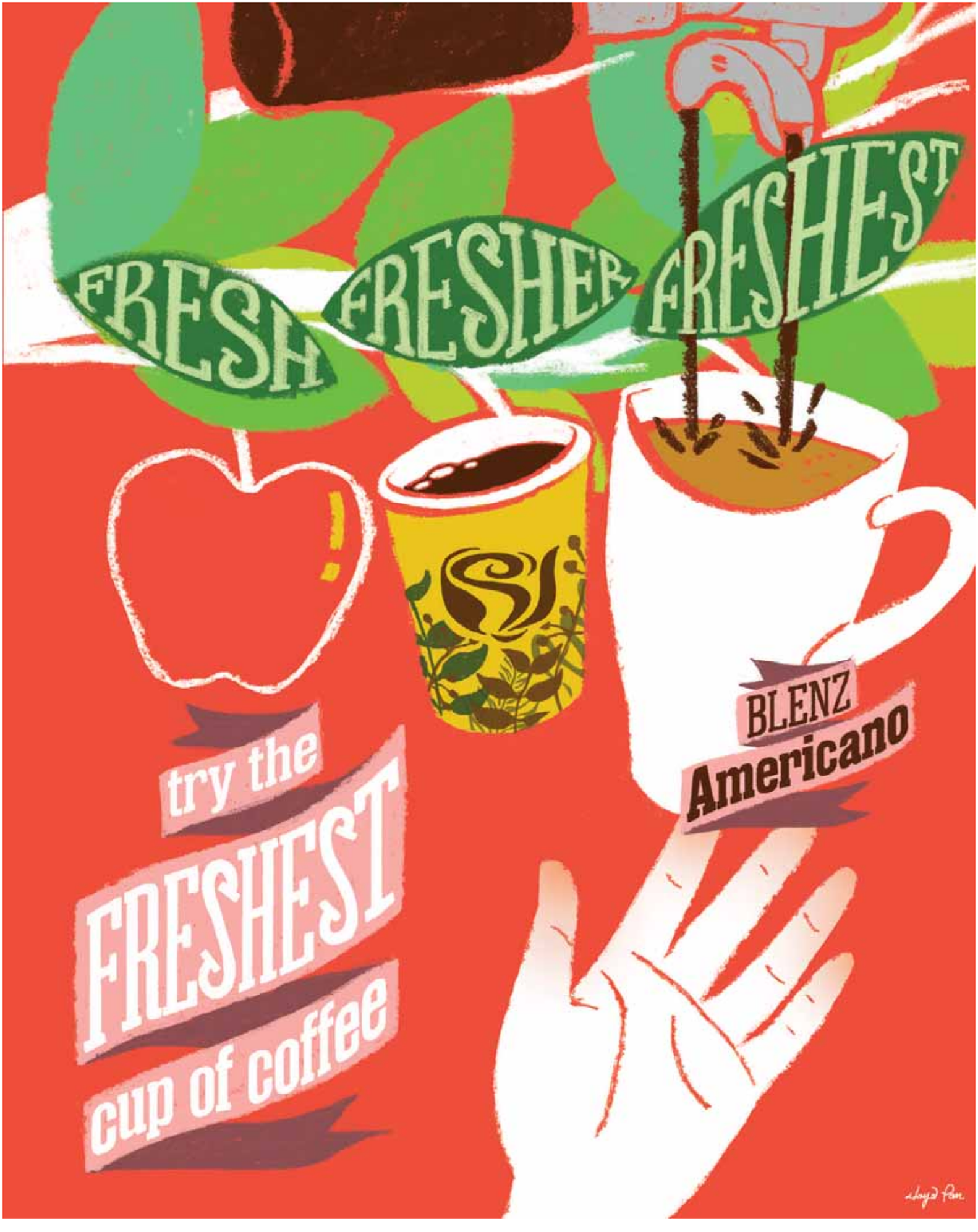
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BRINGING HIS UNDEAD CHARACTER TO LIFE IN WARM BODIES PROVED 'SURPRISINGLY EASY' FOR NICHOLAS HOULT PAGE 20

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Coast Mountain throws Canucks support right under the bus

What will Fin the Whale say? No more 'Go Canucks Go' after complaints and fairness concerns

LIAM BRITTEN
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It looks as though TransLink has jumped off the Canucks bandwagon.

Eagle-eyed commuters may have noticed that, despite the start of the hockey season, local buses do not have their usual "Go Canucks Go" on destination signs.

This is no mistake: Coast Mountain Bus Company has decided to remove all sports-related slogans from its destination signs.

That means no more messages in support of the Canucks, Lions or Whitecaps.

TransLink spokesperson Drew Snider said the move was made after public complaints and the many requests from other teams and organizations for promotional messages.

Snider said removing all messages was the fairest way to go.

"We've removed all of those to show no favouritism, really," he said.

Buses will still show some non-service messages on their destination signs. Amber Alerts will be displayed, as will reminders about voting days and Bike to Work Week. "Happy Holidays" signs will continue to be shown in December.

Talk about buzzkill

"The destination sign is, at the end of the day, to show the bus's destination."
TransLink spokesperson Drew Snider

And the move doesn't completely remove support for the home team from public transit. Come playoff season, bus drivers will be allowed to wear articles of Canucks clothing.

"They are encouraged to show their colours and support the Canucks," he said. "It's kind of a fun thing, right?"

SUPERMAN SUNSET

Geroy Simon addresses the media at the B.C. Lions' practice centre in Surrey on Thursday after it was announced that he had been traded to the Saskatchewan Roughriders. Simon, who had been with the Lions for the past 12 years, is thought by many to be the Canadian Football League's greatest receiver. Story, page 31. JENNIFER GAUTHIER/FOR METRO

Standing 'O'

Thousands pack the Rogers Centre to share laughter, tears and inspiration as Oprah alights on Vancouver PAGE 3

Spence quits more than hunger protest

Attawapiskat chief suggests she is backing away from political fight PAGE 12

Co-ed combat

Obama backs the Pentagon's move to lift the ban on women serving on the front lines PAGE 10

Fiery fiesta

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'Not good for students'

B.C. teachers slam proposed deal

The B.C. government's proposed path to a 10-year contract with teachers is a pre-election political document that aims to strip educators of their bargaining rights as they prepare to negotiate a new deal, says the head of the teachers' union.

"This is not good for students, it is not good for teachers," Susan Lambert said Thursday after Premier Christy Clark announced the proposal as a way to stop labour acrimony from disrupting the education system.

"I'm very upset that Christy Clark would try to use teachers, teaching and the public education system, and students, as a political football," Lambert said.

The proposal includes the creation of a policy council made up of the government, school trustees and the teachers' union to discuss issues that have historically bogged down negotiations, the government said.

But Lambert said teachers will not give up bargaining for hard-fought rights such as class size, noting a B.C. Supreme Court ruling in 2012 that gave teachers victory over that issue after a 10-year legal battle.

"It's ludicrous on the face of it, and it's quite sad that the government would use rhetoric of reconciliation and re-establishing respectful relationships and yet quite aggressively and relentlessly try to deny teachers their constitutionally guaranteed right to bargain working conditions," she said.

Clark said the 10-year deal would prevent labour acrimony from spilling into classrooms, adding a Grade 2 student could graduate from high school without the disruptions that have plagued public education in the province for decades.

THE CANADIAN PRESS

Oprah Winfrey speaks onstage at the 3rd annual Diane Von Furstenberg awards at the United Nations last March in New York City. More than 14,000 people gathered at Rogers Arena Thursday to listen to and watch Winfrey share stories on empowerment and self-affirmation. GETTY IMAGES

Fans give Oprah standing ovation

Influential. One fan who came out to the event says Oprah has helped her deal with personal demons

PHYLICIA TORREVILLAS
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No cars were given, but Lady O's legions of fans didn't mind at all.

One such fan was 61-year-old Patsy Bernstein, who said that meeting her hero, talk-show queen Oprah Winfrey, was on top of her bucket list.

She named her miniature dachshund Oprah and she's had "Oprah" on her licence plate for the past 10 years.

"Everybody knows in my community how mad I am about Oprah," she said.

Bernstein was one of more than 14,000 people gathered at Rogers Arena Thursday to listen to and watch as arguably one of most influential woman in the world shared her a-ha! moments, words of empowerment and self-affirmation.

"Your real job is to find your calling, and to share it. If the intention is to use it for service, your life will be fulfilled," she told the crowd, who shelled out a pretty penny to take in the event ($200 for seats in the upper bowl).

Quoted

"You become what you believe."

Oprah Winfrey

She talked about her life as a young girl in rural Mississippi who started her "broadcasting career" reading Bible passages in church, poked fun at her hairstyles through the years and even compared the struggles her own TV network faced when it launched to climbing the Grouse Grind.

"You become what you believe," Winfrey said.

Her longtime partner, Stedman Graham, introduced Winfrey as "my girl," which drew cheers from the arena.

"The Oprah I know is smart, but will never let you know how smart she is," Graham said, adding Winfrey makes the best blueberry pancakes anyone could ever taste.

Bernstein, who said watching Winfrey helped her deal with her own personal demons, couldn't have been more excited to see the media mogul and philanthropist in the flesh.

"She changed my life," Bernstein said, adding she identified with Winfrey's life struggles.

"I'm living a rich life and that's because of Oprah."

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Casino rejection. Surrey mayor hits back at BCLC

Surrey Mayor Dianne Watts is hitting back at the B.C. Lottery Corp. after it implied her decision to quash a controversial $100-million casino project in South Surrey was a last-minute about-face.

In an open letter sent to BCLC Thursday, Watts accused the CEO of "crossing a line that a regulator should not cross" and making inflammatory comments in saying he was "disappointed" in Watts's decision to reject a gaming license for Gateway Casinos & Entertainment Ltd.'s project.

"The statement that 'something transpired in the last few days and I don't know what,' implies that I acted irresponsibly. The only thing that transpired was public consultation," Watts said in the letter, referring to comments Michael Graydon made to The Globe and Mail.

"Mr. Graydon's comments show a complete disregard for the public process," she said. "If, in fact, the CEO of BCLC expected this to be fully supported, then why bother going through with the public consultation process and a public hearing that continued for 13 hours?"

Watts did not have issues with Gateway or the proponent, but was concerned with public opposition, she said. Thousands of nearby residents, along with the Semiahmoo First Nation, did not support the casino.

Hours after Watts sent the letter, MLA Rich Coleman, the minister responsible for gaming, issued a statement thanking Surrey city council for its thoughtfulness and saying he respects the decision.

Surrey Mayor Dianne Watts METRO FILE

"Surrey Council exercised its responsibility on behalf of residents by conducting a thorough, open process that led to an independent decision," Coleman said.

But his tone is a far cry from statements he made to The Province after the decision, saying councillors rejected the casino even after their conditions were met.

The comments show that BCLC is in conflict between its role as a regulator and its role in collecting money for the province, NoCasinoSurrey representative Scott Kristjanson said.

His group is happy with the decision, but added "more so, we are delighted by this mayor and city council who listened to the residents of Surrey rather than being unduly influenced by the promise of big money and pressure exerted by BCLC executives and the business community."

BCLC did not immediately return a request for comment.

EMILY JACKSON/METRO

Organ donation. Kidney foundation, firefighters raise funds and awareness

Sohen Gill saved many lives in his 31 years as a firefighter, but he's needed rescue a couple of times himself.

The first time was in 1990. Sohen was responding to a fire when he fell through the building's roof, into the inferno. It took him three minutes to be rescued.

"I was dead," Sohen said. His hands, covered in skin grafts, are a testament to that day.

The smoke he inhaled that day led to his second close call — a diagnosis of kidney failure in 2006. He was a dying man.

A few years later they found that his son Chris was a perfect match as an organ donor. It didn't take him long to offer one of his kidneys.

"About 10 seconds," Chris said.

In November 2012, a successful transplant was carried out.

This experience is why both Gills — who were both top-level lacrosse players — were at an event Thursday at the Vancouver Fire and Rescue Service's training division to announce a new relationship between VFRS and the Kidney Foundation.

Chris Gill, left, and his father, Sohen
LIAM BRITTEN/FOR METRO

Both organizations are presenting the same message when it comes to organ donation: It saves lives.

Just ask the Gills.

"(We're) healthier every day, stronger every day," Chris said of their recoveries.

LIAM BRITTEN/FOR METRO

Freighters wait on Vancouver's shorelines. Port Metro Vancouver is facing sharp criticism from environmentalists for allowing Neptune Bulk Terminals to double their coal exports. The port authority says they conducted public consultation beforehand. JENNIFER GAUTHIER/FOR METRO

Port OKs Neptune coal expansion

Controversial move. Port Metro Vancouver is facing criticism for allowing Neptune Terminals to double the amount of coal they export

EMILY JACKSON
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Expect more ships and trains on the horizon as the North Shore's Neptune Bulk Terminals gets ready to export twice as much coal.

On Wednesday Port Metro Vancouver approved an expansion to the terminal that will almost double its coal-export capacity to 18.5 million metric tonnes per year from 9.5 million, an increase that concerns climate-change groups who say there wasn't enough public consultation.

"It's very disappointing that there wasn't more public consultation and answers on the climate-change impacts on expanding fossil-fuel exports through Vancouver," Vancouver Mayor Gregor Robertson said Thursday.

"There are several more big fossil-fuel projects coming — this will certainly put people on notice. They're coming faster without appropriate community process."

But the port maintains it undertook an "extensive" consultation in a process that began in June 2012 and included open houses, brochures sent to 1,000 community members, letters to regional mayors and First Nations, and correspondence with nearly 1,000 people.

Poor process

"It's very disappointing that there wasn't more public consultation and answers on the climate-change impacts on expanding fossil-fuel exports through Vancouver."

Mayor Gregor Robertson

A large majority of people wanted to weigh in about the product itself, but it's up to the federal government to make decisions on what is exported, said Jim Crandles, the port's director of planning and development.

The port's role is to make sure the handling at the terminal site is done in a sustainable way that minimizes environmental impacts, Crandles said.

Voters Taking Action of Climate Change says the port "shrugs off any responsibility for these issues" and called for it to reconsider its decision.

Neptune will build a new railcar dumper to unload coal from trains, conveyors to transport the coal to a storage area, and a longer shiploader boom on the same space it has operated on for 40 years.

The expansion, which is largely an equipment upgrade, will create an estimated 185 jobs. One additional ship and one train will visit the terminal weekly.

"This kind of investment is important for Canada and our gateway," Crandles said.

Neptune takes "significant" steps to minimize coal dust by spraying a crust on top of the coal when it's placed in the rail car and re-spraying it halfway to the port, according to a memo about the expansion.

Coal currently accounts for about a quarter of the port's total exports. If an expansion to the Fraser Surrey Docks is approved, the port will be one of the largest coal exporters in North America.

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VPD looking for sword used in fatal attack

East Vancouver. Police say 'there are suggestions there are ties to the drug trade'

PHYLICIA TORREVILLAS
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A 19-year-old man with possible ties to Vancouver's drug trade was killed with a sword in what police describe as a targeted attack in East Vancouver Wednesday night.

Vancouver police received several 911 calls at around 10:30 p.m. that a group of men with weapons including bats, clubs and a sword were fighting on Elgin Street near 47th Avenue, just south of Memorial South Park.

Officers found the young man, a Vancouver resident, with severe injuries believed to have been caused by a sword. He was taken to hospital, but was pronounced dead shortly after. The victim's name has not been released.

"The victim is known to police," VPD spokesperson Const. Brian Montague said Thursday. "There are suggestions there are ties to the drug trade. There are some loose gang connections, but nothing to suggest he is affiliated with any major gangs."

Montague said they are on the hunt for the sword used in Vancouver's first homicide of 2013. They believe it was the murder weapon because of the nature of the victim's injuries and a scabbard was found on scene. Five men between the ages of 19 to 21 were arrested in connection to the grisly attack. Two men have been released, while three remain in custody. No charges have been laid.

Montague said investigators are still trying to determine what happened and there may be more than five people involved in the attack.

Police officers scour for evidence at Elgin Street near 47th Avenue, where a man, 19, died of a fatal sword attack on Wednesday. JENNIFER GAUTHIER/METRO

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Awaiting trial. Accused kitten torturer faces more cruelty charges

A Vancouver man accused of videotaping himself torturing a kitten for almost an hour on his cellphone is facing more cruelty charges.

Jordan Lucas, who is awaiting trial on the previous charge, faces two additional counts of animal cruelty after the B.C. SPCA discovered 36 more videos involving five cats and a mouse being tortured and killed in early 2012.

"In October, someone handed us an SD card that had even more disturbing images that were also traced to Jordan Lucas and those videos were taken in January and February," B.C. SPCA spokeswoman Lorie Chortyk said Thursday. "It was just the most sickening torture that we've ever seen. It's beyond description."

Lucas was originally charged last July after a woman who had bought a used cellphone discovered more than 50 minutes of video showing a kitten being tortured.

Quoted

"It was just the most sickening torture that we've ever seen. It's beyond description."
B.C. SPCA spokeswoman Lorie Chortyk

A man's hand was visible on the disturbing footage and showed a distinctive tattoo on his left hand. The SPCA, with the help of Vancouver police, was able to trace the phone and match the tattoo to Lucas.

Lucas, who was also wanted for breach of probation on unrelated charges, was arrested on an outstanding warrant in August and remains in custody.

If convicted, Lucas could face up to five years in jail, up to $10,000 in fines, and up to a lifetime ban on owning or caring for animals.

He will appear in court to face the new charges Feb. 4.

PHYLICIA TORREVILLAS/METRO

Panel bias?

B.C. auditor general blasts re-appointment process

Auditor general John Doyle says his independence is under attack by a legislative committee struck to review his appointment and he's considering some kind of action in response.

A Liberal-dominated committee originally decided not to re-appoint Doyle, but then reversed course and offered him a two-year extension.

Doyle says the committee didn't appear to know what it was doing and he's raising allegations of conflict of interest by one of the committee members.

THE CANADIAN PRESS

JUSTIN

Justice database accused of having big security holes

B.C.'s auditor general says there are gaping security holes in a provincial database used to manage criminal cases, a criticism the government says it's already acting to fix.

John Doyle's audit of the database known as JUSTIN says the controls to detect or ward off unauthorized access to sensitive police and court information are inadequate.

JUSTIN allows adult and youth criminal cases to be tracked and processed from initial police arrests and Crown counsel charge assessments through to court judgments.

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Homelessness. Streetohome raises $26.5M for housing

When Anthony Coyle left his group home for a new place at Vancouver's Sanford Apartments, he got the chance to live in his own space for the first time.

"It's been a big stepping stone for me," the 25-year-old said Thursday as Streetohome, the organization responsible for his housing, announced it has raised $26.5 million to help stop homelessness.

Since Coyle moved in last summer, he landed a job at a film-training program.

Streetohome committed $20 million to the province and the city to build nearly 950 units of supportive housing on eight sites across Vancouver. Sanford, which houses 62 people, opened in 2012. Two buildings will open this year and the remaining five in 2014.

The partnership has helped the city move closer towards the goal of ending street homelessness by 2015, Mayor Gregor Robertson said at the event.

The rest of the money will be used for other projects such as the Vancouver Rent Bank, the Aboriginal Mother Centre and HEAT shelters.

EMILY JACKSON/METRO

When the stereotype fits

Women love their shoes: Statistics back it up

It's official: Women do indeed buy more shoes than men. The surprising element is that it's only twice as many women buying all of those shoes.

Forty-one per cent of women say they buy more than seven pairs in a year, while 20 per cent of men admit to the same number. So men are no slouches in the shoe-buying department, either.

The survey results come from Play Taxi Media, a Canadian-based media company with a national network of touch screens in taxicabs. The company surveyed more than 8,000 riders in December, and people of both sexes responded in equal numbers.

PLAY TAXI MEDIA

Sister seeks to finish director's unfinished film

Be Brave. Young filmmaker travelled to 42 countries to create movie about interconnectedness before his death

Erin Northcott, right, has been overseeing the completion of her late brother Daniel's film. CONTRIBUTED

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Erin Northcott's greatest wish is to bring her brother's dream to life.

Her younger brother Daniel was a filmmaker who set out on a decade-long journey to create a movie about interconnectedness, travelling to 42 countries and discovering ancient cultures and sites.

But in 2008, he was diagnosed with bone-marrow cancer. He tried to finish his film and also chronicled his final days battling the disease.

His last wish in his legal will was for his sister to finish the film. He left her 1,000 hours of footage.

"I felt honoured," she said. "I wanted to be that person that he would entrust it with. I'm not a filmmaker. It took me a couple of years to get the strength to look for the right people to unite with."

Northcott has been working with Elevate Studios to complete the documentary film Be Brave, which she expects to be finished sometime this fall. They've set out to raise $183,000 by Dan's birthday on Jan. 30 and as of Thursday they have raised more than $80,000.

There's still a lot of work to be done, and only when the movie is completed and viewed by an international audience will she be able to say that she has fulfilled her brother's dying wish, Northcott said.

"That's when I'll be at peace and I'll feel like that his message has been shared with the world," she said. "That's when he'll be at peace as well."

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India. Rape-and-murder trial starts behind closed doors in fast-track court

The trial of five men charged with the rape and murder of a 23-year-old student on a New Delhi bus began Thursday with opening arguments by the prosecution in a special fast-track court set up just weeks ago to handle sexual-assault cases.

A sixth suspect has claimed he is a juvenile and is expected to be tried in a juvenile court.

On Thursday, a magistrate separately rejected a petition by Subramanian Swamy, a prominent politician, that no leniency be shown toward the accused who claims to be a juvenile because of the brutal nature of the crime, said Jagdish Shetty, an aide to Swamy.

Gag order

The courtroom was closed to the public and the media — a routine move in Indian rape cases — even though defence lawyers had argued that since the victim is dead, the proceedings should be opened.

Magistrate Geetanjali Goel is expected to rule on the suspect's age on Jan. 28.

Since Friday is a public holiday in India, the next hearing in the case was set for Monday, when the defence will present its opening arguments.

THE ASSOCIATED PRESS

China. Censors slash 40 minutes of love scenes from the film Cloud Atlas

Nearly 40 minutes have been chopped from the film Cloud Atlas for Chinese audiences, deleting both gay and straight love scenes to satisfy censors despite a public that increasingly chafes at censorship.

China allows only 34 foreign films to be shown each year in its movie theatres, which don't have a classification system. All movies must be acceptable to adults and children of any age. Censors also target anything that portrays China or the Chinese in a negative light.

Citizens have recently become more outspoken, especially on social media, with complaints about censorship of imported films as well as the home-grown movie industry and news media. Awkward cuts by the censors to the recent James Bond offering Skyfall, which opened there Monday, prompted calls for a review of the film-censorship system.

The cuts made to the 007 movie were widely reported in state-run media. They included the death of a Chinese security guard, references to prostitution in the Chinese territory of Macau and a character's line about having been tortured by Chinese security agents. THE ASSOCIATED PRESS

Military 'more powerful' with women: Pentagon

Front-line combat.

Lifting the U.S. ban on female fighters will take time to implement

Allowing women to serve in combat roles will strengthen the U.S. military's ability to win wars, Defence Secretary Leon Panetta said Thursday, shortly before his official announcement of the landmark lifting of the ban.

"Our military is more capable, and our force is more powerful, when we use all of the great diverse strengths of the American people," Panetta said.

President Barack Obama supports the Pentagon's decision and believes the country should continue to remove "unnecessary gender-based barriers to service," White House spokesman Jay Carney told reporters.

The decision presents a daunting challenge to military leaders who will have to decide which, if any, jobs they believe should be open only to men.

Women comprise about 14 per cent of the 1.4 million active military personnel, and more than 280,000 women have been sent to Iraq, Afghanistan or to jobs in neighbouring nations in support of the wars. Of the more than 6,600 U.S. service members who have been killed, 152 have been women.

There long has been opposition to putting women in combat, based on questions of whether they have the necessary strength and stamina for certain jobs, or whether their presence might hurt unit cohesion.

"Every person in today's military has made a solemn commitment to fight and, if necessary, to die, for our nation's defence," Panetta said. "We owe it to them to allow them to pursue every avenue ... for which they are fully prepared and qualified. Their career success and their specific opportunities should be based solely on their ability to successfully carry out an assigned mission. Everyone deserves that chance." THE ASSOCIATED PRESS

There are 48 women presently working on the front lines in Afghanistan. PAULA BRONSTEIN/GETTY IMAGES FILE

Problem of respect

Ban tied to sexual assault

The top U.S. military officer says he believes the rise in sexual assaults in the military can be linked to the longstanding ban on women serving in combat.

Gen. Martin Dempsey said Thursday the problem is due partly to the military's separate classes — male "warriors" versus the rest.

Dempsey says the issue is more complicated than that but he indicates the disparity between the roles of men and women has created a psychology that lends itself to disrespect.

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Attawapiskat Chief Theresa Spence, right, takes part in a celebration after ending her hunger strike. She sits with fellow hunger striker Raymond Robinson in Ottawa on Thursday after being released from hospital following an overnight stay. She was held for observation after she ended her six-week hunger protest. SEAN KILPATRICK/THE CANADIAN PRESS

Chief Spence opens new chapter for First Nations

Political struggle.
New vow to improve conditions for aboriginals agreed upon by chiefs, federal opposition parties

Attawapiskat Chief Theresa Spence emerged from hospital Thursday to sign the First Nations declaration that ended her hunger protest after six long weeks — a period during which Stephen Harper barely uttered her name.

Indeed, for a crisis that just two weeks ago had the prime minister squarely at its centre, it seemed a weary and chaotic finale, one largely devoid of anti-Harper vitriol.

The Cree leader, who hadn't had solid food since Dec. 11, spent most of the day recovering in hospital, only to show up unannounced at a celebration that brought First Nations chiefs from across the country.

A chanting, drumming crowd greeted her at a downtown Ottawa hotel, where she thanked family, friends and supporters for their backing during the six chilly weeks she spent on Victoria Island, just upstream from Parliament Hill.

She suggested she now intends to step back from the political struggle.

"There you go, chiefs; you take over, and I'll be part of the audience sometimes so I'll be watching you guys," Spence said, calling for unity among First Nations leaders.

"It's time to really stay together no matter what hardship we go through and no matter what the government intends to do to us to divide us. Always remember that we're here together and we're here for our people, especially the youth."

Emissaries from federal opposition parties kept a low profile at the second ceremony, where Spence herself signed the declaration that had been so painstakingly crafted to bring her protest to a conclusion.

The end came as other chiefs and federal opposition parties vowed to take up her cause of treaty implementation and improved conditions on reserves. And it followed careful negotiation by interim Liberal leader Bob Rae.

Rae said he was concerned some days ago that there was a risk of the whole effort "going off the rails" if Spence didn't call a stop to her protest. He said he told Spence: "It's everyone's struggle. But no one should die."

The chiefs and the politicians signed the 13-point declaration committing them to seeking immediate improvements to native housing and education; a meeting of First Nations chiefs, the prime minister and Governor General; and full implementation of treaty and aboriginal rights within five years.

THE CANADIAN PRESS

National interest

A new poll suggests Canadians remain confused by the efforts of aboriginal activists and leaders to improve their relationship with the rest of Canada.

- **40%.** The Canadian Press/Harris-Decima survey found just four in 10 respondents were both familiar with and sympathetic to the Idle No More cause.

Ashley Smith

Guard scolded for helping inmate: Testimony

An officer who scrambled to cut a ligature from the neck of a teenaged inmate as she turned dark purple was reprimanded for his efforts, an inquest into her later death heard Thursday. THE CANADIAN PRESS

Missing Canadians

Break in weather could hold only chance for rescue

A forecasted break in the weather could be the best opportunity for rescuers to find three Canadians missing in Antarctica.

Steve Rendle of New Zealand's Rescue Co-ordination Centre said skies were expected to clear in the area Saturday morning local time — Friday afternoon in B.C. — which could allow rescue teams to fly over where the plane, owned by Calgary-based Kenn Borek Air, is believed to have gone down.

The Twin Otter plane began transmitting signals from its emergency locator beacon early Wednesday. Aircraft failed to spot it in the mountainous area where it went down. THE CANADIAN PRESS

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McDonald's says the Alaskan pollock used in its Filet-O-Fish sandwiches will come from suppliers with sustainable fishing practices. The move reflects growing concern among consumers about the source of their seafood. THE ASSOCIATED PRESS FILE

There's nothing fishy about these sandwiches

Sustainable sourcing. Ecolabel will certify that Alaskan pollock in McDonald's Filet-O-Fish is from ethical suppliers

McDonald's says it will be the first U.S. national restaurant chain to carry a label from a group that certifies sustainable fishing practices.

The blue "ecolabel" from the Marine Stewardship Council certifies that the Alaskan pollock used in McDonald's Filet-O-Fish sandwiches comes from suppliers with sustainable fishing practices.

Major retail chains including Walmart and Whole Foods already use the council's label. The non-profit group is paid a royalty fee from companies that use its label. For McDonald's, that means the fee would be based on sales of its fish offerings, such as the Filet-O-Fish and the Fish McBites that will be launched as a limited-time offer next month.

The Marine Stewardship Council, which has its international base in London, has about 300 fisheries in its program, representing between 12 to 14 per cent of the world's fisheries. THE ASSOCIATED PRESS

Household debt

More Canadians keeping up with loan payments

Canadians are paying off their debts faster, with the number of those more than three months behind on loan payments dropping to a record low, according to a report Thursday from Equifax Canada. The latest National Credits Trends study by the credit-monitoring firm found the percentage of unpaid non-mortgage debt past-due more than 90 days was 1.19 per cent in the fourth quarter of 2012. THE CANADIAN PRESS

Market Minute

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Creditor claims. Mediation to divvy up Nortel assets fails to reach agreement

Efforts to divide up nearly $9 billion in assets from the now-bankrupt Nortel Networks Corp. ended Thursday without an agreement.

A spokesman for the talks says Ontario Chief Justice Warren Winkler, who was leading the proceedings, has concluded that further efforts at mediation were no longer worthwhile.

The negotiations began in Toronto on Jan. 14 and were supposed to conclude that week. They were extended twice. This was the third attempt at settling claims against the former telecom manufacturing giant's business lines and intellectual property by about 100 creditors around the world, including companies in 20 countries on every continent except Antarctica.

The myriad of creditors include Nortel pensioners, disabled former employees, bond holders, trade creditors and governments. THE CANADIAN PRESS

Immigration. New visa program aims to attract startups, entrepreneurs

A new program designed to lure startup companies and entrepreneurs to Canada will launch in April.

The startup visa will be limited to those who already have the backing of a venture capital firm in Canada.

Immigration Minister Jason Kenney says it's aimed at enticing the best and brightest minds around the world to start new businesses in Canada.

The government will grant a maximum of 2,750 visas a year for each of the five years of the pilot program. But Kenney says he only expects to see a few hundred people come through the program in the first year. THE CANADIAN PRESS

By the numbers

2,750

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2004 Dodge Durango 4WD #0354	$7,995
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2005 Ford Freestar Ltd. #2703	$7,995
2006 Pontiac Torrent #3566	$7,995
2007 Ford E350 12 Pass. #4021	$13,995
2008 Cadillac SRX #3966	$19,995
2008 Chevy Uplander #4506	$7,995

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OBAMA, MISS O AND OLD KIDS

THE LIST
Neil Morton
metronews.ca

1 OCD4SH. I Mother Earth's Brian Byrne is raising awareness about his OCD4SH campaign, a collaboration between his clothing company OCD Collective and the autism foundation Surfers Healing. Through T-shirts designed by the likes of Raine Maida and George Stroumboulopoulos, money raised through sales helps send autistic kids to a therapeutic family surf camp in Cali.

2 Superbaugh. The Super Bowl between the San Francisco 49ers and Baltimore Ravens will see two brothers coaching against each other for the first time in Super Bowl history! John Harbaugh runs the Ravens; his younger brother, Jim, mans the 49ers. Jim, ever the strategic thinker, must be saying to John, "Yo, bro, remember I'm your kid brother. Take it easy. It's only a game."

3 Beth Reeks. Further evidence the Internet is the place to get your start: 17-year-old Beth Reeks has signed a three-book deal with Random House after her young-adult romance The Kissing Booth became a hit online. The book will now be published in paperback this spring. Reeks, the new teen queen of romance, is a young E L James — minus the erotica.

4 Red Pashmina. This grassroots campaign that started out of Peterborough, Ont., to empower and raise money for women in Afghanistan, has now attracted the attention of the UN. The two women behind the bright red scarves, Maryam Monsef and Jessica Melnik, are invited to speak at a United Nations summit in N.Y. on the status of women in March.

5 Obama. Beyoncé sang a rousing — though apparently lip-synced — rendition of the national anthem, but the real star Monday on the Capitol steps was Barack Obama, who publicly began his second term as president at his inauguration in front of 800,000 spectators chanting "O-ba-ma!" "Now, more than ever, we must do these things as one nation, as one people," he said. He has four years left to make it happen.

6 Gretzky + Leafs? Social media went nuts this week when a show on The Fan 590 discussed the rumour Wayne Gretzky might be taking over as president of the Toronto Maple Leafs, a position left vacant after the recent firing of Brian Burke. Now if this ever happened, wow. If Gretzky can't save the Leafs, no one can.

7 Arisa Cox. Many of you might remember her from the 2001 Canadian reality series The Lofters (I do). So this week when Arisa Cox was named host for the first Big Brother Canada, which debuts Feb. 27th on Slice, it made perfect sense. After all, she knows exactly what it's like to live 24-7 with other strangers while the camera watches.

8 Kutcher at Macworld. Next week is the Macworld/iWorld conference in San Francisco, and Ashton Kutcher will be there to speak about what it's like playing Steve Jobs in the biopic on the Apple icon that is slated for April release. The best part would be if Kutcher actually showed up in character as Jobs. Now that would go viral.

9 Miss O. The Oprah Effect hit Western Canada as she made appearances in Edmonton, Calgary and Vancouver, talking about everything from the weather — bloody cold! — to the lessons she's learned in life. "Every day you get to paint on the canvas that is your life," she told a sold-out crowd Monday night at Rexall Place in Edmonton. Who's better at motivating than Oprah?

10 Butt Out. This week is Non-Smoking Week in Canada, a campaign that has been running for 30 years. It's great to see so many people talking about #nonsmoking on Twitter. I quit almost 13 years ago. If you're thinking about stopping, go for it. You can do it. Don't let nicotine rule your life.

11 Man bandz. When boy bands grow up, they lose a little hair up top, gain a little more on their backs — and reunite sometimes. Yes, NKOTB, 98 Degrees and Boyz II Men are teaming up this spring and stopping in Ottawa, Montreal and Toronto. As Old Kid — er, New Kid — Donnie Wahlberg said in a statement: "Ladies, we're coming for you." Yes, it won't be girls this time.

12 Steve Nash. Captain Canada was given a loud ovation Sunday during player introductions at the ACC in Toronto. But then he and his Lakers played flat (again) in a loss to the Raptors. There are those who still wish he had signed with the Raptors during the off-season. But it's become apparent a 38-year-old Nash in the twilight of his career might not have been the right ending for this national treasure.

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I've got worms ... you want some?

TSVANGIRAYI MUKWAZHI/THE ASSOCIATED PRESS

Tastes like chicken?

Mopane worms a rare delicacy

Sihle Nkomo begins to prepare harvested mopane worms at her home in Gwanda, Zimbabwe.

In Zimbabwe, as well as most parts of southern Africa, mopane worms are a staple part of the diet in rural areas and are considered a delicacy in the cities. They can be eaten dry, as crunchy as potato chips, or cooked and drenched in sauce.

THE ASSOCIATED PRESS

Gastronomical goodness

- A Zimbabwean nutritionist, Marlon Chidemo, says the worms are high in healthy nutrients and contain three times the amount of protein as beef.
- He says eating worms is less taxing on the environment than consuming beef because it takes far fewer leaves to produce worms than it does feed to produce the same amount of beef.

Slinging slugs

Get to know the quality of grubs

At the local market, mopane worms are quite popular with residents who buy a cup or two of them and eat them immediately.

The market is abuzz with activity, with most stalls strategically displaying the delicacy so people cannot miss them. Vendors offer free samples. The mopane worms are graded according to size and the area where they were harvested.

THE ASSOCIATED PRESS

Mopane around

- Dried mopane worms have become a multimillion-dollar industry, even exported to countries like South Africa and Botswana. They can be found in African restaurants in Paris.
- The worm is the large caterpillar of the Gonimbrasia belina species. It got its name from chomping the leaves of mopane trees.

Worth Mentioning

J.J. Abrams set to direct next instalment of Star Wars, to be released in 2015

Another universe of sci-fi fans has been put in the hands of J.J. Abrams.

According to multiple trade reports, J.J. Abrams is set to direct the next instalment of Star Wars, which Disney has said will be Episode 7 and due out in 2015. Disney bought Star Wars maker Lucasfilm last month for $4.06 billion.

The Emmy-award-winning director has also captained the reboot of Star Trek for rival studio Paramount Pictures, with the next instalment in that series, Star Trek: Into Darkness, set to hit theatres May 17.

Citing unnamed sources, the news was reported earlier by Hollywood trade outlets The Wrap, The Hollywood Reporter and Daily Variety.

THE ASSOCIATED PRESS

Twitter

@Campagnolomain: Word on the street is everybody in the audience at #oprah tonight is getting Ceci! #happyday

@mor10: I'd rather watch an actual opera. #oprah #vancouver

@KuljeetKaila: I just realized I'm getting all dressed up- fake lashes and all to go hang out w/ 1000's of women watching #Oprah #whatshappening2me

@Princess_Pin: Im über jealous. I hate school, wish I was there :(#Oprah

@SitDoggie: I have seen many excited dogs in my time, but I have never seen an adult as excited as my partner is to see @oprah tonight! #oprah #YVR

@DriverLarryinBC: #oprah has now reached the #michaelJackson #weirdosphere with foreskin derived face cream.

metro
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Jason Statham stars in Parker — a movie without a lot of payoff. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

The heist goes all wrong

Bad + Bad = Bad. Steve Gow joins Richard Crouse this week to help him call out Parker for being a mistake-ridden flop of a film

Richard: Steve, the most shocking thing about Parker is that Jason Statham has hair in the opening scene. His usually close-cropped do is hidden under a wig that makes him look a bit like George Clooney's English brother. Other than that, this is as by-the-book as it gets. Did you buy into the story at all?

Steve: Not really. But as shocking as Statham is brandishing a wig as Donald E. Westlake's popular revenge-seeking character, he wasn't half as unconvincing as Jennifer Lopez when she pops up as the desperate, danger-seeking real estate agent. Was that bad casting or just a bad character?

RC: Her character is baffling. As a pseudo-love interest and almost co-conspirator, she's as grating as her co-star Nick Nolte's voice. If an Emery board could speak, it would sound like the rasp Nolte's vocal chords produce these days. For me, though, the moral of the movie is really skewed. The movie is so intent on selling the idea that the vengeful killer is really a good guy that a character at the end actually wonders if he is some kind of angel. Could it be that in this world bad + bad = good?

SG: I suppose Jason Statham is today's ideal mainstream anti-hero. After all, as mediocre as most of his films are, director Taylor Hackford is at least consistent in delivering what Statham does best — look sinister and kick butt. However, as absurdly indestructible as he is here, the film is too morose to be much fun.

RC: Statham is consistent, I'll give you that. He has two characters: Statham Character number one in which he plays a loner with a past who must protect a loved one and Statham Character number two, which is the loner with a past who must protect a youthful innocent. Here he's playing number one. The loved one is money, although there are a number of other characters that could easily have taken the place of the greenbacks.

SG: I agree. Concentrating on a compelling sidekick almost surely would've helped solve the questionably ineffectual supporting cast here.

One last thing — what kind of a name is Parker anyhow? That lame moniker sounds like Statham should be serving high tea and crumpets to the Crawley family on Downton Abbey, not cracking the skulls of crooked criminals.

Synopsis

After a daring robbery goes bad, thief Parker (Jason Statham) is double-crossed and left for dead. But because the movie is called Parker, he doesn't succumb to the gunshot wounds. Instead, he vows to put things right between him and the gang who cheated him out of his $200,000 split of the loot. "If you make a deal, both sides have to honour it, otherwise there's chaos," he says. "And I won't let chaos take over my life." Except that things get chaotic when he hatches an elaborate plan, involving his real estate agent (Jennifer Lopez), to get vengeance and his money.

Star ratings:

- Richard: ●●○○○
- Steve: ●●○○○

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Houlti: Undead man talking

Warm Bodies. Actor shares what it's like to take on a role that requires only one facial expression

NED EHRBAR
Metro World News in Hollywood

Nicholas Hoult has tackled trying to get the girl when you're an awkward tween (in About a Boy), a ruthless high-schooler (in TV's Skins) and a blue-haired mutant (in X-Men: First Class). But those challenges pale in comparison to Warm Bodies, in which he tries to win over a girl (Teresa Palmer) despite the fact that he's a flesh-eating zombie.

How tough is it doing a role that's basically one facial expression for most of the film?
Surprisingly easy, actually (laughs). Narrows down your options and what you have to do at work, and not a lot of dialogue to learn, which is beautiful. But yeah, I read the script and I was like, "This could be a cool film," and then I was like, "Oh, it's kind of tricky, though, isn't it? You don't get to say a lot, and you've got to move and act like a zombie, but you've also got to have this audience care for you and want you to succeed and have this girl care for you enough and fall for you, and there's a lot to do." With Teresa, it was just basically watching her do scenes the whole time, her just doing monologue after monologue and then I'd go, "Yeah, keep you safe. Hungry. Eat, whatever."

Have you heard every zombie joke in the world at this point?
You know what, I've made a few terrible ones myself. I've said, like, "Oh, he's a character I really liked and wanted to bring to life." Idiot. I said of the scenes with me and Rob Corddry, "I found it really difficult not to corpse" (which is British slang for laughing during a scene). So I've made a few terrible zombie jokes, but I haven't actually been on the receiving end of that many so far.

OK, zombies versus vampires. Where do you stand?
Who would win in a fight? Or the transition from vampire to zombie time?

As far as pop culture.
You know what? I'm trying to think. Aside from Twilight, what other vampire films have there been particularly recently? That's the prominent one. To be honest with you, I would probably have to go with the zombie thing just because I really like Shaun of the Dead and Zombieland and those sort of things, and 28 Days Later and stuff, so I think I'd go for the zombie — and not just because I played one in this film.

Nicholas Hoult finds the apple of his undead eye in Warm Bodies. HANDOUT

After having done this film, do you think you'd have trouble getting excited about doing a more traditional romantic comedy?
I don't know. I mean, I'm a sucker for a rom-com. You know, you feel good and you get all gooey. But I wouldn't want to do one of those ones that's very run of the mill, out of the box, off you go, pay $10 to go and see it and then sit there and nothing new happens. So it's tricky. I'd like to be able to do all types of films. Action, drama, romance, all of them.

I don't think anyone's going to try to stop you.
So far. Not with force yet, anyway.

Just this year you've got films in several different genres coming out.
Yeah, I've got a fairy tale family adventure movie, Jack the Giant Slayer. There's mild peril. There's giants that want to eat humans, so you know, I wouldn't take a really young kid to it.

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Jason Momoa relishes getting a bona fide Rocky sucker punch

Bullet to the Head.
Brawly actor isn't a stranger to tough guy roles, but even he was star-struck working with Sylvester Stallone

RICHARD CROUSE
scene@metronews.ca

A glance at Jason Momoa's IMDB page reveals that he is best known for playing roles described as a "vengeful barbarian warrior" or "powerful warlord." The burly six-foot- four-inch actor is famous for roles in Conan the Barbarian and Game of Thrones and often plays tough guys.

Next up he plays a muscle-bound mercenary in Bullet to the Head, an action flick the Hollywood Reporter called "beefy, brainless fun."

It's another case of typecasting, perhaps, but it did give him the chance to go mano-a-mano with one of the masters of the genre, Sylvester Stallone.

"You can't say enough good things about Stallone," says the Hawaiian-born hunk. "Truly, he is an icon. A legend, and so good at what he does."

Momoa even went through a special initiation rite courtesy of the superstar.

While shooting an epic fight scene on the film's New Orleans set, the older actor suggested he "tune me up" with a couple of real looking hits. Promising to pull his punches, Stallone instead landed a "monstrous" knock to the younger actor's side. Second take, same thing — "He just crumbled me," Momoa says — and that's the shot that made it into the film.

"He got me a couple of times," Momoa says. "He's the old bull. It's fun to get in there. I'm 30 years younger than him, so it's cool. Rocky punching me in the ribs. It's like a shout from the rock."

But how does someone raise a family when their day job is pretending to decapitate people on screen? Momoa, who has a young daughter and son with actress Lisa Bonet, says his family always comes to visit when he's working.

"My daughter was actually on set when I ripped a guy's throat out on Game of Thrones," he says. "It's hilarious.

"She was with the wardrobe lady, knitting. I said, 'Are you OK sweetie?' She said, 'Yeah Papa,' and went on knitting."

He admits it's an unusual way to raise the kids and when they get older it might be more difficult.

"School's pretty expensive," he says. "I may as well get a teacher and bring them with us. I'd rather have my kids going to the Louvre than learning about it in a book."

Jason Momoa stars in Bullet to the Head, opening next Friday. GETTY IMAGES

Documentary

Diana Vreeland: The Eye has to Travel

Director. Lisa Immordino Vreeland

Stars. Diana Vreeland, Anjelica Huston

The late-legendary fashionista that helped popularize both blue jeans and bikinis is the subject of the charming documentary Diana Vreeland: The Eye Has to Travel. While filled with energetic anecdotal interviews and archive footage, the slightly scant exploration of her sometimes tyrannical behaviour as editor of Vogue/Harper's Bazaar is curious but given the director is her granddaughter-in-law, the tribute remains satisfying. STEVE GOW

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- MICK LASALLE, SAN FRANCISCO CHRONICLE
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THESE PAGES COVER MOVIE START TIMES FROM FRI., JAN.25 TO THURS., JAN. 31. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Dunbar Theatre
4555 Dunbar Street

Wreck-It Ralph 3D (G) Sat-Sun 11:45-2
Zero Dark Thirty (14A) Fri-Thu 4:15-7:30

Fifth Avenue Cinemas
2110 Burrard Street

Amour (PG) Fri-Thu 1-3:50-6:40-9:20
Django Unchained (14A) Fri-Thu 3:40-7:10-10:20
Life of Pi 3D (G) Fri-Thu 1:15-4:15-6:50-9:30
Lincoln (PG) Fri-Thu 12:45-4
Les Misérables (PG) Fri-Thu 12:30-7-10:10
Silver Linings Playbook (14A) Fri-Thu 1:30-4:30-7:20-9:50

Pacific Cinémathèque
1131 Howe Street

Emissary Into Time and Memory: A Tribute to Chris Marker (STC) Sun 8
The Last Bolshevik (STC) Wed 7:45 Thu 6:30
Midnight's Children (PG) Fri 6:30 Sat 8:15
No Films Showing Today (STC) Mon-Tue
One Day in the Life of Andrei Arsenevich (STC) Wed 6:30 Thu 8:45
Still (PG) Fri 9:15
The World Before Her (PG) Sat 6:30

Park Theatre
3440 Cambie Street,

Zero Dark Thirty (14A) Fri 3:45-7-10 Sat-Sun 12:30-3:45-7-10 Mon-Thu 3:45-7-10

Ridge Theatre
3131 Arbutus Street,

Argo (PG) Sat 9
The Best Exotic Marigold Hotel (G) Sat 4 Mon 4
The Bourne Legacy (PG) Sun 9 Thu 9:20
Dr. Seuss' the Lorax (G) Sat 2
Hope Springs (PG) Sun 7
The Intouchables (PG) Mon 7 Tue 4
Midnight in Paris (G) Fri 7
My American Cousin (STC) Thu 7
The Queen of Versailles (G) Wed-Thu 4
The Rocky Horror Picture Show (PG) Sat 12
Rust and Bone (18A) Wed 9:30
Searching for Sugar Man (PG) Sat 7
The Secret in Their Eyes (14A) Fri 4 Tue 9:20
A Separation (G) Wed 7
Skyfall (PG) Fri 9
The Sound of Music Sing-A-Long (STC) Sun 1
To Rome With Love (PG) Mon 9:20 Tue 7

Rio on Broadway
1660 E. Broadway,

The Master (14A) Fri 6:45 Sat-Tue 7
Moonrise Kingdom (PG) Fri 9:30 Sat-Tue 10
No Films Showing Today (STC) Wed-Thu
Zoolander (PG) Fri 1:15

Scotiabank Theatre Vancouver
900 Burrard St.

La Bayadere - Bolshoi Ballet (STC) Sun 12:55
Django Unchained (14A) Fri-Sun 11:55-3:30-7-10:40 Mon 3-6:30-10:10 Tue 11:55-3:30-7-10:40 Wed 3-6:30-10:10 Thu 2:30-6:30-10:10
Dr. Strangelove Or: How I Learned to Stop Worrying and Love the Bomb (STC) Mon 7:30
Gangster Squad (14A) Fri-Sat 12-2:40-5:20-8-10:45 Sun 12:10-2:50-5:20-8-10:45 Mon 1:40-4:20-7:20-10 Tue 12-2:40-5:20-8-10:45 Wed-Thu 1:40-4:20-7:20-10
Hansel & Gretel: Witch Hunters 3D (18A) Fri 12:45-3-5:20-7:50-10:15 Sat 10:20-12:45-3-5:20-7:50-10:15 Sun 12:45-3-5:20-7:50-10:15 Mon 1-3-5:15-7:30-9:45 Tue 12:45-3-5:20-7:50-10:15 Wed 1-3-5:15-7:30-9:45 Thu 3-5:15-7:30-9:45 Fri 1:20-3:40-6-8:20-10:45 Sat 11-1:20-3:40-6-8:20-10:45 Sun 1:20-3:40-6-8:20-10:45 Mon 1:15-3:30-5:50-8:05-10:20
Tue 1:20-3:40-6-8:20-10:45 Wed-Thu 1:15-3:30-5:50-8:05-10:20
The Hobbit: An Unexpected Journey 3D (PG) Fri-Sun 11:45-3:20-6:55-10:30 Mon 3:20-6:55-10:30 Tue 11:45-3:20-6:55-10:30 Wed 3:20-6:55-10:30 Thu 2:50-6:55-10:30
Life of Pi 3D (G) Fri 1:30-4:30-7:30-10:35 Sat 12:30-4:05-7:30-10:35 Sun 1:05-4:05-7:30-10:35 Mon 1:05-4-10 Tue 1:30-4:30-7:30-10:35 Wed 1:05-4-7-10 Thu 1:05-4-10:30
Mama (14A) Fri 12:30-2:55-5:30-7:55-10:20 Sat 1:40-2:55-5:30-7:55-10:20 Sun 5:30-7:55-10:20 Mon 1:20-5:30-7:55-10:20 Tue 12:30-2:55-5:30-7:55-10:20 Wed-Thu 1:20-5:30-7:55-10:20
The Metropolitan Opera: La Clemenza Di Tito Encore (G) Sat 9:55
Les Misérables (PG) Fri-Sun 11:45-3:10-6:35-10:05 Mon 3:10-6:35-10:05 Tue 11:45-3:10-6:35-10:05 Wed 3:10-6:35-10:05 Thu 1:30-6:35
Zero Dark Thirty (14A) Fri 12:05-3:35-7-10:25 Sat 11:30-3:35-7-10:25 Sun 12:05-3:35-7-10:25 Mon 2-3:50-7:10-10:30 Tue 12:05-3:35-7-10:25 Wed-Thu 2-3:50-7:10-10:30

Vancity Theatre Vancouver International Film Centre
1181 Seymour Street

Diana Vreeland: The Eye Has to Travel (G) Fri 6:30 Sat 8:45 Sun 4:30-6:30 Mon 6:30 Tue 8:45 Thu 4
The Miners' Hymns (STC) Mon 8:30
Wagner's Dream (G) Fri 8:35 Sat 6:30 Sun 8:20 Tue-Wed 6:30

Vancouver Aquarium 4D Experience Theatre
845 Avison Way

The Great Salmon Run 4D Experience (STC) Fri 11:15-12:30-1:45-3-4:15 Sat-Sun 11:15-11:45-12:15-12:45-1:15-1:45-2:15-2:45-3:15-3:45-4:15 Mon-Thu 11:15-12:30-1:45-3-4:15

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Django Unchained (14A) Fri 7:45 Sat-Sun 12:15-4-7:45 Mon-Thu 7:45
Gangster Squad (14A) Fri 7-9:40 Sat-Sun 12:25-4:10-7-9:40 Mon-Thu 7-9:40
The Hobbit: An Unexpected Journey (PG) Fri 7:30 Sat-Sun 12-7:30 Mon-Thu 7:30
The Hobbit: An Unexpected Journey 3D (PG) Sat-Sun 3:45
The Impossible (14A) Fri 6:40-9:30 Sat-Sun 12:45-3:30-6:40-9:30 Mon-Thu 6:40-9:30
The Last Stand (14A) Fri-Thu 9:45
Mama (14A) Fri 7:10 Sat-Sun 1-4:20-7:10 Mon-Thu 7:10
Movie 43 (14A) , , Fri 6:50-9:20 , , Sat-Sun 12:35-3:55-6:50-9:20 , , Mon-Thu 6:50-9:20

Park & Tilford
333 Brooksbank Ave.

Broken City (14A) Fri 7:20-10 Sat 11:30-2:05-4:40-7:20-10 Sun 2:05-4:40-7:20-10 Mon-Thu 7:30-10:10
Hansel & Gretel: Witch Hunters 3D (18A) Fri 7:50-10:15 Sat-Sun 12:50-3:10-5:30-7:50-10:15 Mon-Thu 7-9:45
Life of Pi 3D (G) Fri 7-9:45 Sat-Sun 12:30-4:05-7-9:45 Mon-Thu 7:10-10
The Metropolitan Opera: La Clemenza Di Tito Encore (G) Sat 9:55
Les Misérables (PG) Fri 8:30 Sat-Sun 1:30-5-8:30 Mon-Thu 7:45 Star & Strollers Screening Thu 1
Quartet (PG) Fri 7:15-9:50 Sat-Sun 2:10-4:30-7:15-9:50 Mon-Thu 7:20-9:50
Zero Dark Thirty (14A) Fri 6:50-10:15 Sat 12:10-3:30-6:50-10:15 Sun 1-4:20-8 Mon-Thu 8 Star & Strollers Screening Thu 1

SilverCity Riverport
14211 Entertainment Way

La Bayadere - Bolshoi Ballet (STC) Sun 12:55
Broken City (14A) Fri-Sat 12-2:35-5:10-7:50-10:30 Sun 2:35-5:10-7:50-10:30 Mon 2:15-4:45-10:05 Tue-Wed 2:15-4:45-7:20-10:05 Thu 4:45-7:20-10:05 Star & Strollers Screening Thu 1
Django Unchained (14A) Fri-Sat 3:20-7-10:40 Sun 3:05-6:35-10 Mon-Thu 5:15-9:15
Dr. Strangelove Or: How I Learned to Stop Worrying and Love the Bomb (STC) Mon 7:30
Gangster Squad (14A) Fri-Sat 12-2:40-5:20-8:10-10:55 Sun 12-7-9:45 Mon-Thu 2-4:40-7:30-10:10
Hansel & Gretel: Witch Hunters — An IMAX 3D Experience (18A) Fri-Sun 1:20-3:40-6-8:20-10:45 Mon-Thu 1:20-3:40-6-8:20-10:40
Hansel & Gretel: Witch Hunters 3D (18A) Fri-Sun 12:35-2:55-5:15-7:35-10 Mon-Thu 2:55-5:15-7:35-10
The Hobbit: An Unexpected Journey (PG) Fri-Sat 11:25 Sun 12:30 Mon-Thu 2:15
The Hobbit: An Unexpected Journey 3D (PG) Fri-Sat 3-6:40-10:20 Sun 4:15-8:35 Mon-Thu 6-9:50
The Impossible (14A) Fri-Sat 11:50-2:30-5:10-8:05-10:55 Sun 11:50-2:30-5:10-8-10:35 Mon-Thu 1:50-4:30-7:25-10:15
Johnny English (G) Sat 11
The Last Stand (14A) Fri-Sun 12:10-2:45-5:20-8-10:40 Mon-Thu 1:30-4-6:55-9:30
Life of Pi 3D (G) Fri 1:15-4:15-7:15-10:20 Sat 10:15-1:15-4:15-7:15-10:20 Sun 1:15-4:15-7:15-10:20 Mon-Thu 1:20-4:15-7:15-10:20
Lincoln (PG) Fri-Sat 3:50-7:10-10:30 Sun 3:50-9:50 Mon-Thu 3:45-7-10:15
Mama (14A) Fri-Sun 12:45-3:15-5:45-8:15-10:50 Mon-Thu 1:45-4:15-7:05-10:05
The Metropolitan Opera: La Clemenza Di Tito Encore (G) Sat 9:55
Les Misérables (PG) Fri-Sun 11:45-3:10-6:35-10:05 Mon-Thu 2:20-6:15-9:45
Monsters, Inc. 3D (G) Fri 12:30 Sat 10:10-12:30 Sun 12:30 Mon-Thu 2:30
Movie 43 (14A) Fri-Sun 12:20-2:50-5:25-8-10:35 Mon-Thu 2:50-5:25-8-10:35
Parental Guidance (G) Fri-Sun 12 Mon-Thu 2:10
Parker (14A) Fri-Thu 1:45-4:45-7:45-10:40
Quartet (PG) Fri 11:30-2-4:30-7-9:30 Sat 10:30-11:30-2-4:30-7-9:30 Sun 11:30-2-4:30-7-9:30 Mon-Wed 2-4:30-7-9:30 Thu 4:30-7-9:30 Star & Strollers Screening Thu 1
Race 2 (STC) Fri-Thu 1:25-5-8:30
Rise of the Guardians (G) Fri 1 Sat 10:30-1 Sun 1 Mon-Thu 1:20
Silver Linings Playbook (14A) Fri 1:20-4:20-7:20-10:25 Sat 10:35-1:20-4:20-7:20-10:25 Sun 1:20-4:20-7:20-10:25 Mon-Thu 1:25-4:20-7:20-10:25
Skyfall (PG) Fri-Sun 2:40-6:10-9:30 Mon-Thu 5-9:20
WWE Royal Rumble - 2013 (STC) Sun 5
Zero Dark Thirty (14A) Fri-Sat 12:15-3:40-7:10-10:45 Sun 12:15-3:40-7-10:20 Mon-Thu 2:30-6:30-10

Burnaby
Dolphin Cinemas
4555 E. Hastings St., 604-293-0332
Hansel & Gretel: Witch Hunters (18A) Fri 5-7-9 Sat-Sun 3-5-7-9 Mon-Thu 5-7-9
Zero Dark Thirty (14A) Fri 5:30-8:30 Sat-Sun 2:30-5:30-8:30 Mon-Thu 5:30-8:30

SilverCity Metropolis
4700 Kingsway Ave.

Broken City (14A) Fri 2:10-4:50-7:30-10:10 Sat 12-2:35-5:10-7:50-10:30 Sun 2:35-5:10-7:45-10:20 Mon-Thu 2-4:40-7:20-10
Django Unchained (14A) Fri 3:20-6:55-10:25 Sat 11:40-3:20-7-10:35 Sun 1:20-8:45 Mon-Thu 3:10-6:45-10:15
Gangster Squad (14A) Fri 2:30-5:10-7:50-10:35 Sat 12-2:40-5:20-8:10-10:55 Sun 1:55-4:50-7:30-10:10 Mon-Thu 1:20-4:10-6:55-9:40
Hansel & Gretel: Witch Hunters 3D (18A) Fri 1:35-3:50-6:10-8:30-10:45 Sat 11:10-1:25-3:45-6:10-8:30-11 Sun 1:10-3:30-5:50-8:10-10:25 Mon-Thu 2:35-5-7:30-9:50
The Hobbit: An Unexpected Journey 3D (PG) Fri 3-6:45-10:15 Sat 11:25-3-6:45-10:25 Sun 1:05-4:55-8:35 Mon-Thu 2:45-6:30-10:05
Johnny English (G) Sat 11
The Last Stand (14A) Fri 2:20-5-7:40-10:20 Sat 12:10-2:45-5:20-8-10:40 Sun 2:05-4:45-7:25-10:05 Mon-Thu 1:45-4:30-7-9:30
Life of Pi 3D (G) Fri 1:30-4:15-7:10-10 Sat 1:20-4:20-7:20-10:15 Sun 1-4-7:05-10 Mon-Thu 1-3:55-6:50-9:35
Mama (14A) Fri 3-5:30-8-10:40 Sat 1:10-3:15-5:45-8:15-10:50 Sun 12:45-3:10-5:35-8:05-10:30 Mon-Thu 2:40-5:10-7:40-10:10
Les Misérables (PG) Fri 3:10-6:35-10:05 Sat 11:45-3:30-6:55-10:20 Sun 1:15-4:40-8:15 Mon-Thu 2:35-6:15-9:45
WWE Royal Rumble - 2013 (STC) Sun 5
Zero Dark Thirty (14A) Fri 3:40-7-10:30 Sat 12:15-3:40-7:10-10:45 Sun 1:25-5-8:25 Mon-Thu 3-6:35-9:55

SilverCity Coquitlam
170 Schoolhouse Street

La Bayadere - Bolshoi Ballet (STC) Sun 12:55
Broken City (14A) Fri-Thu 1:50-4:30-7:30-10:10
Django Unchained (14A) Fri-Thu 1:15-5-8:45 Fri-Sun 2:20-6:30-10:30 Mon 5:45-9:30 Tue 2:20-6:30-10:30 Wed-Thu 5:45-9:30
Gangster Squad (14A) Fri 2:05-4:55-7:45-10:35 Sat 11:20-2:05-4:55-7:45-10:35 Sun-Thu 2:05-4:55-7:45-10:35 Fri-Sun 1-3:50-7-9:50 Mon 4-7-9:50 Tue 1-3:50-7-9:50 Wed-Thu 4-7-9:50
Hansel & Gretel: Witch Hunters 3D (18A) Fri-Sun 1:50-4:20-7:30-10:10 Mon 4:20-7:30-10:10 Tue 1:50-4:20-7:30-10:10 Wed-Thu 4:20-7:30-10:10 Fri 1:20-3:40-6-8:20-10:45 Sat 11-1:20-3:40-6-8:20-10:45 Sun-Thu 1:20-3:40-6-8:20-10:45
The Hobbit: An Unexpected Journey (PG) Fri 2:50 Sat 11:25 Sun-Thu 1:25
The Hobbit: An Unexpected Journey 3D (PG) Fri 6:50-10:30 Sat 3:10-6:50-10:30 Sun-Thu 5:10-8:50
Johnny English (G) Sat 11
The Last Stand (14A) Fri-Sun 12:15-2:45-5:15-7:50-10:25 Mon 2:45-5:15-7:50-10:25 Tue 12:15-2:45-5:15-7:50-10:25 Wed-Thu 2:45-5:15-7:50-10:25
Life of Pi 3D (G) Fri-Thu 1:30-4:25-7:25-10:20
Mama (14A) Fri-Sun 12:40-3:10-5:40-8:10-10:40 Mon 2:35-5:40-8:10-10:40 Tue 12:40-3:10-5:40-8:10-10:40 Wed-Thu 2:35-5:40-8:10-10:40
The Metropolitan Opera: La Clemenza Di Tito Encore (G) Sat 9:55
Les Misérables (PG) Fri 3-6:40-10:15 Sat 11:35-3-6:40-10:15 Sun 3:15-6:40-10:15 Mon-Thu 1:10-4:50-8:30
Movie 43 (14A) Fri-Sun 12:20-2:50-5:25-8-10:30 Mon 2:50-5:25-8-10:30 Tue 12:20-2:50-5:25-8-10:30 Wed-Thu 2:50-5:25-8-10:30
Parker (14A) Fri-Thu 1:45-4:45-7:40-10:35
Quartet (PG) Fri 2-4:40-7:20-9:50 Sat 11:30-2-4:40-7:20-9:50 Sun-Tue 2-4:40-7:20-9:50 Wed 4:40-7:20-9:50 Thu 2-4:40-7:20-9:50 Fri-Sun 2:50-5:20-8-10:45 Mon 5:20-8-10:30 Tue 2:50-5:20-8-10:45 Wed-Thu 5:20-8-10:30 Star & Strollers Screening Wed 1
Rise of the Guardians (G) Fri-Thu 1:05
Silver Linings Playbook (14A) Fri-Thu 1-4-7-9:55
Skyfall (PG) Fri-Sat 3:30-6:55-10:10 Sun 9 Mon-Thu 3:30-6:55-10:10
WWE Royal Rumble - 2013 (STC) Sun 5
Zero Dark Thirty (14A) Fri-Sun 12:15-3:40-7:10-10:40 Mon 2:55-7-10:30 Tue 12:15-3:40-7:10-10:40 Wed 7-10:30 Thu 2:55-7-10:30 Fri-Sun 1:20-4:50-8:30 Mon 4:50-8:30 Tue 1:20-4:50-8:30 Wed-Thu 4:50-8:30 Star & Strollers Screening Wed 1

Clova
5732-176th St., Surrey

Les Misérables (PG) Fri 7 Sat-Sun 1-7 Mon-Thu 7

Hollywood 3 Cinema
7125-138th Street, Surrey

Cirque du Soleil: Worlds Away (G) Fri-Thu 4:45
Hotel Transylvania (G) Sat-Sun 12:30
Jack Reacher (PG) Fri-Thu 8:50
ParaNorman 3D (STC) Fri-Thu 6:50
Rise of the Guardians (G) Fri 4:30 Sat-Sun 12:20-4:30 Mon-Thu 4:30
Rise of the Guardians 3D (G) Sat-Sun 2:40
Skyfall (PG) Fri-Thu 8:45
This Is 40 (14A) Fri-Thu 6:45-9:25
The Twilight Saga: Breaking Dawn Part 2 (14A) Sat-Sun 2:25
Wreck-It Ralph (G) Fri-Thu 4:40 Fri 6:30 Sat-Sun 2:20-6:30 Mon-Thu 6:30
Wreck-It Ralph 3D (G) Sat-Sun 12:30-4:40

Strawberry Hill Grande
12161-72nd Ave, Surrey

Broken City (14A) Fri-Sun 12-2:35-5:10-7:50-10:30 Mon 2:35-5:10-7:50-10:30 Tue 12-2:35-5:10-7:50-10:30 Wed 5:10-7:50-10:30 Thu 2:35-5:10-7:50-10:30 Star & Strollers Screening Wed 1
Django Unchained (14A) Fri 3:20-7-10:40 Sat 11:40-3:20-7-10:40 Sun 1:25-10:40 Mon-Thu 3:20-7-10:40
Gangster Squad (14A) Fri-Sat 12-2:40-5:20-8:10-10:55 Sun 12-2:40-5:20-8-10:45 Mon 2:40-5:20-8-10:45 Tue 12-2:40-5:20-8:10-10:55 Wed-Thu 2:40-5:20-8-10:45
Hansel & Gretel: Witch Hunters 3D (18A) Fri-Thu 1:20-3:40-6-8:20-10:45
The Hobbit: An Unexpected Journey 3D (PG) Fri-Thu 3-6:45-10:30
Johnny English (G) Sat 11
The Last Stand (14A) Fri-Thu 12:10-2:45-5:20-8-10:40
Life of Pi 3D (G) Fri-Thu 12:50-3:50-6:50-9:50
Mama (14A) Fri-Thu 12:45-3:15-5:45-8:15-10:40
Race 2 (STC) Fri-Thu 2-6-9:30
Saadi Love Story (PG) Fri-Tue 1-4-7:05-10 Wed 1-4:15-7:05-10 Thu 1-4-7:05-10
Tu Mera 22 Main Tera 22 (G) Fri-Thu 1:30-4:15-7:15-10:05
WWE Royal Rumble - 2013 (STC) Sun 5
Zero Dark Thirty (14A) Fri-Tue 12:15-3:40-7:10-10:45 Wed 3:40-7:10-10:45 Thu 12:15-3:40-7:10-10:45 Star & Strollers Screening Wed 1

Studio 12 Guildford
15051-101st Ave, Surrey

Broken City (14A) , Fri 4:40-8:10 , Sat 12:40-4:40-8:10 , Sun 12:40-9:45 , Mon 5:25-8 , Tue 4:40-8:10 , Wed-Thu 5:25-8
Gangster Squad (14A) , Fri 4:30-7:15-10 , Sat-Sun 12:45-4:30-7:15-10 , Mon 5:30-8:30 , Tue 4:30-7:15-10 , Wed-Thu 5:30-8:30

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CITY (A/T): 9.8L/100KM

Sorento SX shown[Δ]

OWN IT FROM	WITH	AT	FOR UP TO
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bi-weekly for 60 months, amortized over 84 months with **$0 DOWN PAYMENT.** $8,009 remaining balance. Offer includes delivery, destination and fees of $1,772 and **$1,650 "3 PAYMENTS ON US" SAVINGS[¥]. BASED ON A PURCHASE PRICE OF $28,667.** Offer based on 2013 Sorento LX AT.

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KIA The Power to Surprise

Offer available on select new 2013 models through participating dealers to qualified customers who take delivery by January 31, 2013. Dealers may sell or lease for less. Some conditions apply. Offers are subject to change without notice. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers exclude licensing, registration, insurance, other taxes and down payment (if applicable and unless otherwise specified). Other dealer charges may be required at the time of purchase. Other lease and financing options also available. **0% purchase financing is available on select new 2013 Kia models on approved credit. Terms vary by model and trim, see dealer for complete details. Representative financing example based on 2013 Sorento LX AT (SR75BD) with a selling price of $28,667 (includes delivery and destination fees of $1,650, other fees and certain levies (including tire levies) and A/C charge ($100, where applicable)] financed at 0% APR for 60 months. 130 bi-weekly payments equal $221 per payment with a down payment/equivalent trade of $0. License, insurance, applicable taxes, variable dealer administration fees (up to $699) and registration fees are extra. Retailer may sell for less. See dealer for full details. [¥]3 Payments On Us offer is available on approved credit to eligible retail customers who finance or lease a new 2013 Sorento from a participating dealer between January 3rd – January 31, 2013. Eligible lease and purchase finance customers will receive a cheque in the amount of three payments (excluding taxes) to a maximum of $550 per month. Lease and finance purchases are subject to approved credit. Customers will be given a choice between up to $1,650 reductions from the selling/leasing price after taxes or dealer can issue a cheque to the customer. Some conditions apply. See your dealer for complete details. Offer ends January 31st, 2013. [≠]Bi-weekly finance payment (on approved credit) for new 2013 Sorento LX AT (SR75BD) based on a selling price of $28,667 is $156 with an APR of 1.49% for 60 months, amortized over an 84-month period. Estimated remaining principal balance of $8,009 plus applicable taxes due at end of 60-month period. Delivery and destination fees of $1,650, $1,650 "3 Payments On Us" savings, other fees and certain levies (including tire levies) and A/C charge ($100, where applicable) are included. License, insurance, applicable taxes, variable dealer administration fees (up to $699) and registration fees are extra. Offer cannot be combined with Don't Pay Until Spring promotion. [Δ]Model shown Manufacturer Suggested Retail Price for 2013 Sorento 3.5L SX AWD (SR75XD) is $43,045 and includes delivery and destination fees of $1,650 and A/C charge ($100, where applicable). Offer available on select new 2013 models through participating dealers to qualified customers who take delivery by January 31, 2013. Dealers may sell or lease for less. Some conditions apply. Offers are subject to change without notice. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers exclude licensing, registration, insurance, other taxes and down payment (if applicable and unless otherwise specified). Other dealer charges may be required at the time of purchase. Other lease and financing options also available. [◊]The Bluetooth® wordmark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. * Highway/ city fuel consumption is based on the 2013 Sorento 2.4L GDI 4-cyl (A/T). These updated estimates are based on Transport Canada's approved criteria and testing methods. Refer to the Government of Canada's *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia Canada is the official automotive sponsor of Mothers Against Drunk Driving (MADD Canada). KIA is a trademark of Kia Motors Corporation.

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Hansel & Gretel: Witch Hunters (18A) , Sat-Sun 1 , Mon 5:20 , Wed-Thu 5:20
Hansel & Gretel: Witch Hunters 3D (18A) , Fri-Sun 4-7-9:25 , Mon 8:50 , Tue 4-7-9:25 , Wed-Thu 8:50
The Hobbit: An Unexpected Journey (PG) , Fri-Sun 4:05 , Tue 4:05
The Hobbit: An Unexpected Journey 3D (PG) , Fri 7:40 , Sat-Sun 12:30-7:40 , Mon 7:50 , Tue 7:40 , Wed-Thu 7:50
The Last Stand (14A) , Fri 3:55-6:35-9:10 , Sat-Sun 12:50-3:55-6:35-9:10 , Mon 5:25-8:35 , Tue 3:55-6:35-9:10 , Wed-Thu 5:25-8:35
Mama (14A) , Fri 3:50-7:30-9:55 , Sat-Sun 1:25-3:50-7:30-9:55 , Mon 5:40-8:40 , Tue 3:50-7:30-9:55 , Wed-Thu 5:40-8:40
Les Misérables (PG) , Fri 4:45-8:15 , Sat-Sun 12:55-4:45-8:15 , Mon 7:55 , Tue 4:45-8:15 , Wed-Thu 7:55
Movie 43 (14A) , Fri 4:20-6:45-9:30 , Sat-Sun 1:15-4:20-6:45-9:30 , Mon 5:10-8:10 , Tue 4:20-6:45-9:30 , Wed-Thu 5:10-8:10
One More Try (PG) , Fri 4:25-6:50-9:40 , Sat-Sun 1:30-4:25-6:50-9:40 , Mon 5:35-8:45 , Tue 4:25-6:50-9:40 , Wed-Thu 5:35-8:45 Parker (14A) , Fri 4:10-7:05-9:50 , Sat-Sun 1:05-4:10-7:05-9:50 , Mon 5:15-8:25 , Tue 4:10-7:05-9:50 , Wed-Thu 5:15-8:25 Race 2 (STC) , , Sub-Titled Fri 4:35-7:50 , , Sub-Titled Sat-Sun 12:35-4:35-7:50 , , Sub-Titled Mon 5:05-8:20 , , Sub-Titled Tue 4:35-7:50 , , Sub-Titled Wed-Thu 5:05-8:20
Silver Linings Playbook (14A) , Fri-Sun 6:30-9:20 , Mon 5-8:15 , Tue 6:30-9:20 , Wed-Thu 5-8:15
Wreck-It Ralph (G) , Fri 3:45 , Sat-Sun 1:10-3:45 , Tue 3:45
WWE: Royal Rumble (STC) , Sun 5

Rialto 1732-152nd Street, White Rock

Hyde Park on Hudson (PG) Fri 7:10-9 Sat-Sun 2:10-7:10-9 Mon-Thu 7:10-9
Silver Linings Playbook (14A) Fri 7-9:15 Sat-Sun 2-7-9:15 Mon-Thu 7-9:15

Criterion 4 White Rock 2381 King George Highway

Broken City (14A) Fri 7-9:15 Sat-Sun 2:20-7-9:15 Mon-Thu 7-9:15
Django Unchained (14A) Fri 7:30 Sat-Sun 2-7:30 Mon-Thu 7:30
Hansel & Gretel: Witch Hunters (18A) Fri 7:15-9:20 Sat-Sun 2:30-7:15-9:20 Mon-Thu 7:15-9:20
Zero Dark Thirty (14A) Fri 7:45 Sat-Sun 2:10-7:45 Mon-Thu 7:45

Colossus Langley

20090-91A Ave, Langley

La Bayadere - Bolshoi Ballet (STC) Sun 12:55 Broken City (14A) Fri-Sun 11:55-2:35-5:10-7:55-10:30 Mon-Tue 4:05-7:45-10:25 Wed 7:45-10:25 Thu 4:05-7:45-10:25
Star & Strollers Screening Wed 3
Django Unchained (14A) Fri-Sun 11:40-3:25-7-10:40 Mon-Thu 3:40-8
Dr. Strangelove Or: How I Learned to Stop Worrying and Love the Bomb (STC) Mon 7:30
Gangster Squad (14A) Fri-Sun 12:15-2:45-5:20-8:10-11 Mon-Thu 4:40-7:25-10:05
Hansel & Gretel: Witch Hunters — An IMAX 3D Experience (18A) Fri-Sun 1:20-3:40-6-8:20-10:45 Mon-Thu 4:50-8-10:25
Hansel & Gretel: Witch Hunters 3D (18A) Fri-Sun 12:45-3:10-5:30-7:50-10:15 Mon-Thu 4:10-7:35-10:05
The Hobbit: An Unexpected Journey (PG) Fri-Sun 11:25
The Hobbit: An Unexpected Journey 3D (PG) Fri-Sun 3-6:45-10:25 Mon-Thu 4-8:30 The Impossible (14A) Fri-Sun 1:40-4:35-7:30-10:20 Mon-Thu 4:35-7:30-10:20 Johnny English (G) Sat 11
The Last Stand (14A) Fri-Sat 12:10-2:45-5:15-8:05-10:50 Sun 3-5:35-8:05-10:50 Mon-Thu 4:55-7:30-10:30
Life of Pi 3D (G) Fri-Sun 1:15-4:15-7:25-10:20 Mon-Thu 4:15-7:25-10:15
Lincoln (PG) Fri-Sat 12:30-3:50-7:10-10:35 Sun 12:30-8:45 Mon-Thu 3:50-6:55-10:10
Mama (14A) Fri 12:40-3:15-5:45-8:15-10:50 Sat 1:05-3:25-5:45-8:15-10:50 Sun 12:40-3:15-5:45-8:15-10:50 Mon-Thu 4:10-7:15-9:50
Les Misérables (PG) Fri-Sun 11:45-3:05-6:35-10:05 Mon-Tue 3:35-7-10:30 Wed 7-10:30 Thu 3:35-7-10:30 Star & Strollers Screening Wed 3
Movie 43 (14A) Fri 12:20-2:50-5:25-8-10:35 Sat 11-12:20-2:50-5:25-8-10:35 Sun 12:20-2:50-5:25-8-10:35 Mon-Thu 4:30-7:30-9:55
Parental Guidance (G) Fri-Sat 1 Sun 12:30
Parker (14A) Fri 1:45-4:45-7:45-10:40 Sat 11-1:45-4:45-7:45-10:40 Sun 1:45-4:45-7:45-10:40 Mon-Thu 4:15-7:05-10:20
Quartet (PG) Fri-Sun 11:50-2:20-5-7:40-10:10 Mon-Thu 4:10-6:55-9:40
Silver Linings Playbook (14A) Fri-Sun 1:20-4:20-7:20-10:25 Mon-Thu 4:20-7:20-10:25
Skyfall (PG) Fri-Sun 12:35-3:55-7:10-10:35 Mon-Thu 3:55-7:10-10:10
This Is 40 (14A) Fri-Sun 4:30-7:35-10:55 Mon 3:30-10:05 Tue-Thu 3:30-6:55-10:05
WWE Royal Rumble - 2013 (STC) Sun 5
Zero Dark Thirty (14A) Fri-Sun 12:15-3:40-7:05-10:45 Mon-Thu 3:45-7:05-10:30

Knock, knock: You have two children

Seed. Sperm donor tracked down by his kids on new TV show

JON TATTRIE
scene@metronews.ca

What would happen if a carefree bachelor answered his front door and discovered he was father to a nine-year-old boy and a teenage girl?

The question occurred to Joseph Raso when a friend became pregnant via a sperm bank.

Fascinated by the process of choosing a stranger to be the biological father to your child, he wondered what it would be like if the donor entered into your life unexpectedly.

"How do kids change you? And what if it went zero to 60 and suddenly you have a nine-year-old?" he says. "How does it affect the donor and the other families?"

Seed was born. It's a TV show about Harry, whose bachelor bliss has long been funded by regular deposits at the sperm bank. One day, one of those donations learns how to hack a computer to find out who his biological father is — and knocks on Harry's door. Soon enough, a teenage girl follows, along with a woman pregnant with another of Harry's donations.

For Harry, the challenge is the tug of war between his desire to be with his biological children and his desire to pick up hot women at the bar.

One of Harry's entanglements is Rose, a beautiful, neurotic single woman whose date with the sperm bank leads to an accidental relationship with Harry. "From that point forward, their lives are entwined," says Carrie-Lynn Neales, who plays Rose.

"She's just wildly insecure," she adds during a break in filming. Rose wants a child, but doesn't want a father to the child. She wants to be single and independent, but wants a relationship with an amazing guy called Aaron.

When asked if bar-tending Harry is typical of the guys she knows, Neales laughs and tries to compose an answer that won't offend any of her friends. "You'll find aspects of Harry and Aaron in this age bracket," she says diplomatically.

Seed is Neales's first starring role. "It's amazing — really a dream come true," she says. "It's a huge learning curve."

Seed airs on City starting Monday, Feb. 4. You can watch the premiere online at the City website starting this Monday. HANDOUT

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Lena Dunham. ALL PHOTOS GETTY IMAGES

Lena Dunham skewers Rihanna over behaviour

Girls creator and star Lena Dunham is no stranger to criticism, but now she's going on the attack, chastising Rihanna for the messages the pop singer sends young fans with her behaviour.

"I just think about how many little girls beyond what I could even comprehend are obsessed with Rihanna," Dunham tells Alec Baldwin during a chat for his Here's the Thing podcast.

"She left Barbados, she's had this amazing career, she's won a Grammy. She's talented. And then she gets back together with Chris Brown and posts a million pictures of them smoking marijuana together on a bed. And it cracks my heart in half in a way that makes me feel like I'm 95 years old."

The Word

Kristen Bell terrified of her impending childbirth

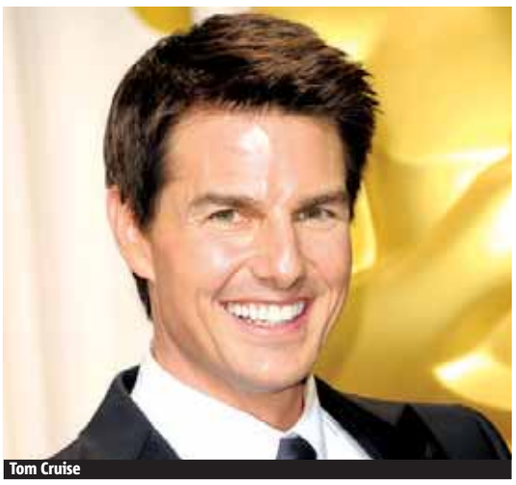
Kristen Bell seemed to hint during an interview with Ellen DeGeneres that she's going to give birth to a boy, but the House of Lies star kept coy with a "maybe" when pressed.

Bell had said that fianceé Dax Shepard was looking forward to "all the off-roading he'll have in this tiny partner," but she says that doesn't mean it couldn't be a daughter.

"Do you have to be a boy to off-road? Absolutely not!" Bell said. "I think he's going to force (the baby), even if it's a sloth, to off-road."

One thing Bell was willing to admit, though, is that she's not looking forward to labour.

"I've got nothing to prove" by having natural childbirth, she said. "I feel like, when I arrive at the hospital, I want a glass of whiskey, I want the epidural in my back and I want to get hit in the face with a baseball bat and wake me up when it's over because I've seen the videos, and it looks terrifying."



Tom Cruise

Cruise at the heart of Scientology's strategy

Tom Cruise isn't only the most famous Scientologist, he's also the most important figure in the controversial religion.

"There's nobody more important in Scientology since L. Ron Hubbard. He's the front of Scientology," Lawrence Wright, author of Going Clear: Scientology, Hollywood and the Prison of Belief, tells E! News.

He also says having a movie star as the face of Scientology was always part of the plan.

"From the very beginning of the Church of Scientology, they established it in Los Angeles, they created the Celebrity Center there in Hollywood, and the whole goal was to take over the entertainment industry and use celebrities as kind of a product endorsement for their brand," Wright says.

Quoted

"There's nobody more important in Scientology since L. Ron Hubbard."

Lawrence Wright
Author of the book Going Clear: Scientology, Hollywood and the Prison of Belief.

Twitter

@ElizabethHurley
Who thought Ugg boots were made in Australia? Just saw mine are made in China.

@idinamenzel
Mention of Stonewall in president's inauguration speech is still buzzing for me. Incredible

@ParisHilton
About to start planning my birthday party and trying to figure out a fun theme. Anyone have any cool theme ideas for my party?

@ricky_martin
Need to work on my Australian slang!

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Cheers to Robert Burns

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

I have fond memories of Robert Burns.

Growing up in Halifax, it was a standard post-Saturday-night-on-the-town ritual to enjoy a little fast food in Victoria Park, along Spring Garden Road, before the walk home. The best seat in the house was along the pedestal of the life size monument to the bard that's been standing there since 1919.

Though I don't remember drinking much in the way of Scottish booze back in the day, I'll be raising a glass of something tonight in celebration of Robert Burns Day.

Scotland's claim to liquid fame is scotch — a polarizing whisky typically drunk straight. Rich, aggressive and swimming in personality, it can be a hard glass to swallow for most.

A fine dram to get your palate wet is Bowmore 12 Year Old ($45.99 to $64.99); the first recorded single malt distillery (back in 1779) on the island of Islay.

Softer than your average Islay whisky, it offers a rounded, honeyed malt flavour massaged by hints of the classic smoky/peaty character that's made the island famous.

If the thought of drinking scotch without mix doesn't blow your bagpipe, try softening the spirit by adding a touch of spring water.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

This recipe serves six. LORELLA ZANETTI, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

Southern flavours are a fiesta for taste buds

Tex-Mex Flank Steak with Corn Salsa.

Bursting with flavours, this dish will be just as good the next day

ROSE REISMAN
for more, visit
rosereisman.com

With the sauce and corn salsa accompaniment, this is a great Southwestern dish. Sautéing the corn gives it a barbecued flavour.

Be sure to allow time for marinating the steak. Leftovers taste just as good the next day; either reheat gently or serve at room temperature.

1. Whisk the barbecue sauce, vinegar, molasses and hot pepper sauce in a bowl. Place the flank steak in a shallow, non-reactive baking dish and pour the sauce over the steak. Cover with plastic wrap and refrigerate for 2 hours or overnight.

2. For the salsa, spray a non-stick skillet with cooking oil. Place over medium heat, and sauté the corn and red pepper until the corn begins to brown, about 5 minutes. Stir in the beans, onion and cilantro. Set aside.

3. Remove the steak from the marinade, and set the marinade aside in a small saucepan.

4. Preheat the barbecue or a non-stick grill pan to medium-high and spray with cooking oil. Cook the beef over medium-high heat for 5 to 8 minutes per side, or until it's done to your liking.

5. While the steak is cooking, bring the reserved marinade to a boil and boil for 5 minutes. Serve the steak with the sauce and salsa on the side. **ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN**

Ingredients

- 1 cup barbecue sauce
- 1/3 cup cider vinegar
- 2 tbsp molasses
- 1/4 tsp hot pepper sauce
- 1 1/2 lb flank steak

Salsa

- 1 cup canned corn kernels, drained
- 1 cup diced red bell pepper
- 1 cup canned black beans, rinsed and drained
- 1/3 cup chopped green onion
- 1/4 cup chopped cilantro

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Get your guac on

Give guacamole a boost with a few different flavour combinations that are still very simple to make.

Base Guacamole

1. In a medium bowl, use a fork or potato masher to mash the avocados. The guacamole should be mostly smooth, but with visible chunks. Mix in the lime juice, cumin, salt and pepper. Proceed with recipe using one of the mix-in comb.

Chipotle Corn Guacamole

1. In skillet over medium-high, heat 1 tablespoon of olive oil. Add 1/4 cup diced red onion, 1 cup of corn kernels and 3 minced cloves of garlic. Sauté 2 minutes, remove from heat and let cool. Stir in 1 diced canned chipotle pepper (packed in adobo sauce). Stir mix into base guacamole recipe, as well as 1 tablespoon of the adobo sauce from the can.

Shrimp and Mango Guacamole

1. Thaw a 9-ounce bag frozen cooked and peeled baby shrimp, drain and pat them dry. Peel 1 mango, then cut the flesh away from the pit. Finely chop the mango, then stir it, the shrimp and a hefty splash of hot sauce into the base guacamole recipe.

Sweet Heat Bacon Guacamole

1. Line rimmed baking sheet with foil, then set a wire rack over it. Coat rack with cooking spray. Arrange 1/2 pound of bacon evenly on rack. Sprinkle the tops of the bacon liberally with brown sugar. Bake at 350 F for 20 minutes, or until the bacon is lightly browned, crisped and the sugar has caramelized. Let the bacon cool, then cut it into bite-size chunks.

2. Mix splash of hot sauce into the base guacamole recipe, then mix in three-quarters of the chopped candied bacon. Sprinkle the remaining bacon over the guacamole, then serve.

THE ASSOCIATED PRESS

Ingredients

Base Guacamole

- 4 Hass avocados, skins and pits removed
- 4 tsp lime juice
- 1/2 tsp ground cumin
- 1 tsp salt
- 1/4 ground black pepper

This recipe serves 12. MATTHEW MEAD/ THE ASSOCIATED PRESS

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Have a few gaps in your schedule you're looking to fill?
Whether you're hoping to dance, drink or just relax, check out these hot upcoming events courtesy of Notable.ca.
To get even more info on these Notable happenings make sure to check out notable.ca/nationwide/metro/Jan. 25

NOTABLE NOW
Julian Brass, Founder of notable.ca, Canada's online source for young professionals

Opening soon: Romer's Burger Bar

Burger aficionados can soon rejoice with news that Romer's Burger Bar is imminently close to opening the doors of its newest location in Yaletown (1039 Mainland St.). In fact, hungry fans of this upscale burger franchise might just want to stroll by this weekend — rumour has it they may be ready to serve up their tasty menu of more than a dozen different varieties of burgers. Visit: romersburgerbar.com

Aussie Rules! Australia Day with House Wine

Celebrate Australia Day on Friday in true boisterous style alongside the House Wine girls at Stanley Park Pavilion. They're throwing a party to celebrate Australia's birthday and are featuring 120 different wines from throughout Australia. Tempt your palate with a sampling of wines (featuring hidden gems, big-time producers and everything in between.) Tickets are $55 and can be purchased here: housewine.ca. Event starts at 7 p.m. and goes until 9:30 p.m.

Recently opened: Nosh Rotisserie

Mother-son duo (formerly from Toronto) Sandra and Tony Scott have created a sumptuously good all-rotisserie menu at this quaint Kitsilano-based spot (2585 West Broadway). With doors opening about a week ago and a menu loaded with tempting bites, such as braised pork belly with tomato jam, a pulled pork short rib sandwich and BBQ pork banh mi with pickled veggies, it's already a hit. For more details and to view full menu listings, visit: noshtruth.com.

Curb App Launch Party

This Saturday, head over to The Beaumont Studio (starting at 9 p.m., 316 West 5th Ave.) for a night of celebration in honour of street artists and Curb — the latest app created specifically for the vast realm of creative expression under development in Vancouver. This fundraising party will feature live performances by The Ponderosas, Weird'eaux, Steve the Creative and plenty of DJs. All money raised will go directly toward the continued development of this free, soon-to-be-released app for art. For more details and to purchase tickets visit: curbapp.eventbrite.ca.

Rant away: Vancouver, I love you, but ...

The Museum of Vancouver (1100 Chestnut St.) is set to welcome a series of thought-provoking "rants", on Friday at 6 p.m., courtesy of guest speakers such as former mayor Sam Sullivan, author Kevin Chong, performance artist Adrian Howells and more. It'll be a hilarious evening fuelled by our love-hate relationship with Vancouver, a beautiful city that nevertheless drives many crazy (be it the weather, cost of living or crazy real estate). Visit: museumofvancouver.ca.

25th Annual Valentine's Day Massacre

This Friday, head down to Granville Island's Vancouver Theatresports League (1502 Duranleau St.) for a night of fun as you take in their signature festival masterpiece that pits improv groups from around the world against each other. It's a battle that is inspired by and for the love of the audience in attendance with teams from Las Vegas, Montreal, Atlanta, Edmonton and Bellingham battling it out for the last laugh. Visit: vtsl.com. Runs until Feb. 17.

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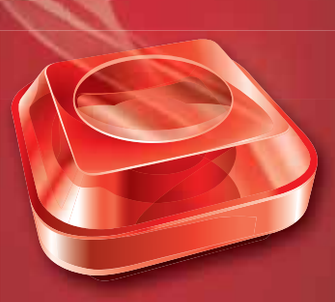

HALLS

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Olympics

Feds pledge $40M for 2014 Sochi Winter Games

The federal government is priming the financial pump for Canada's athletes with the 2014 Winter Games in Sochi, Russia, just over a year away.

Bal Gosal, the minister of state for sport, says that almost $40 million will be spent on Canada's winter athletes this winter.

Anne Merklinger, the head of Own the Podium, says that's more money going into an Olympic and Paralympic Games than ever before.

Many of Canada's winter athletes have world championships coming up in the next few weeks.

THE CANADIAN PRESS

MLB

Upton brothers join forces in Atlanta

Justin Upton is having a family reunion in Atlanta.

Arizona traded its star right fielder to the Braves on Thursday in a seven-player deal that sent former all-star infielder Martin Prado to the Diamondbacks.

For the first time since he was a high-school freshman, Upton will have older brother B.J. Upton as a teammate.

The brothers combine with Jason Heyward, who won a Gold Glove in 2012, in an outfield potentially packed with power and speed. THE ASSOCIATED PRESS

Justin Upton GETTY IMAGES FILE

Former B.C. Lions receiver Geroy Simon is embraced by Lions running-back coach and former teammate Kelly Bates as he holds his three-year-old daughter, Nyah, on Thursday in Surrey, where it was announced Simon had been traded to the Saskatchewan Roughriders. DARRYL DYCK/THE CANADIAN PRESS

Lions part ways with 'Superman' Simon

CFL. 'Sometimes there has to be a separation,' says GM Buono

CAM TUCKER
cam.tucker@metronews.ca

Geroy Simon's illustrious playing career with the B.C. Lions ended Thursday, in an event general manager Wally Buono equated with going to a funeral.

After recent uncertainty about Simon's future in B.C., the Lions traded the 37-year-old slot back to the West Division rival Saskatchewan Roughriders.

Coming back to B.C. is 27-year-old import receiver Justin Harper and a third-round draft pick in 2014.

"This has been the toughest decision I've ever had to make in my professional life," said Simon during a press conference at the team's Surrey practice facility.

A favourite with local fans throughout his 12 years with the Lions, Simon won two Grey Cups, including the 2011 title at BC Place. He is also the CFL's all-time leading receiver at 15,787 yards, but is coming off his worst statistical season since 2002.

He became the league leader in receiving yards on June 29 of last year, surpassing Milt Stegall's old record of 15,153 yards, but missed five games due to separate hamstring injuries and had just 700 yards and 54 receptions.

He had been given permission earlier this week to test the CFL trade market after both he and the organization couldn't find common ground on where he fit into the offence.

"When you can't come to a consensus or to an agreement, then sometimes there has to be a separation," said Buono.

"As a club ... you've got to be honest with your decisions and you've got to have the courage to execute your decisions. We're going to get a lot of negative feedback from this, which is fine ... that's understandable.

"We've got a lot of good young players, we have to give them an opportunity and we have to grow this organization."

It can be argued Simon is the greatest player ever to don a B.C. Lions jersey in the franchise's 60-year history. He was also regarded as a tremendous ambassador in the community.

He still considers himself an elite player.

"In order for me to play at the level that I want to play, I feel that I had to make this decision."

The Lions have a couple of talented young receivers in Nick Moore and Courtney Taylor. B.C. is also trying to re-sign pending free agent Shawn Gore.

"I was prepared to take a diminished role but not on (that level) — that's where the disconnect was," said Simon.

Simon then left supporters with this message: "I just want to thank the fans ... for just giving me the opportunity to be their Superman."

4 SPORTS

Blackhawks extend perfect start in Dallas

Chicago Blackhawks goalie Corey Crawford defends against a shot by the Dallas Stars' Jaromir Jagr Thursday in Dallas. TONY GUTIERREZ/THE ASSOCIATED PRESS

Marian Hossa scored his NHL-leading fifth goal on a power play 1:41 into overtime to give the Chicago Blackhawks a 3-2 comeback victory over the Dallas Stars on Thursday night.

With Dallas captain Brenden Morrow in the penalty box for interference, Hossa fired a one-timer from the slot past goalie Kari Lehtonen after receiving a nifty, behind-the-back pass from Patrick Kane.

Patrick Sharp had a goal and an assist for the Blackhawks, who improved to 4-0 and matched the franchise's best start set during the 1972-73 season. Corey Crawford made 21 saves and stopped Ryan Garbutt on a penalty shot.

Chicago's high-powered offence, which racked up 14 goals in the previous three games, needed the man-advantage to score all three Thursday night.

Part of that was due to an outstanding performance by Lehtonen, who made 38 saves after coming within 3.4 seconds of a 39-save shutout Tuesday in a 2-1 win at Detroit.

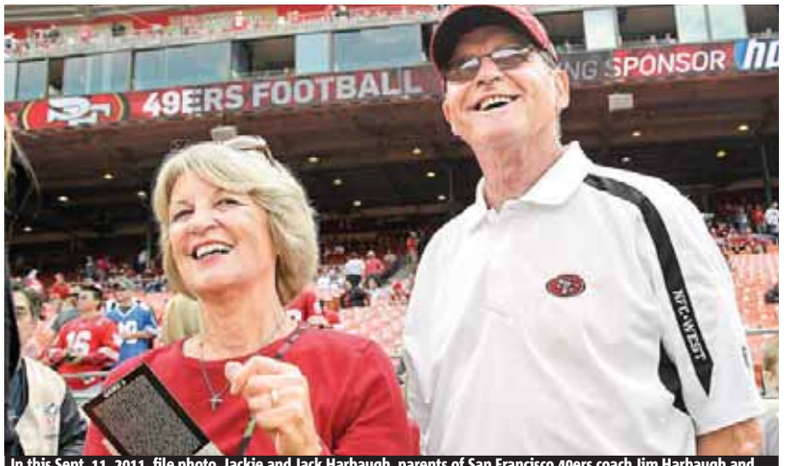
The Stars had a prime opportunity to win when Niklas Hjalmarsson's tripping penalty with 1:18 left in regulation gave them a chance to end it on the power play.

But even though the man-advantage carried over into overtime, they were unable to capitalize.

THE ASSOCIATED PRESS

On Thursday

Blackhawks	Stars
3	2



In this Sept. 11, 2011, file photo, Jackie and Jack Harbaugh, parents of San Francisco 49ers coach Jim Harbaugh and Baltimore Ravens coach John Harbaugh, stand before a game between the 49ers and the Seattle Seahawks in San Francisco. The entire Harbaugh family already got its Super Bowl victory last Sunday, when each coach did his part to ensure a family reunion in New Orleans next week. PAUL SAKUMA/THE ASSOCIATED PRESS FILE

Harbaughs in stands vow to stay neutral

Super Bowl 47 lead-up. Family of Ravens and 49ers coaches not saying where they'll be sitting on game day

Jackie Harbaugh will wear a neutral-colored outfit, still to be determined. Her daughter, Joani Crean, little sister to coaching brothers John and Jim Harbaugh, plans to sport all black at the Super Bowl to show no allegiances whatsoever.

"I am wearing whatever fits that day," Crean quipped.

The entire Harbaugh family — a close-knit, hyper-competitive crew that also includes Indiana basketball coach Tom Crean — realizes it has already won big. They got their Super Bowl victory on Sunday, when each coach did his part to ensure a family reunion in New Orleans next week, with John's Baltimore Ravens facing off against Jim's San Francisco 49ers in the first Super Bowl with sibling coaches on opposite sidelines.

One Harbaugh will haul home the Lombardi Trophy from the Big Easy.

And, no, the family members haven't decided where to sit for the Feb. 3 NFL title game at the Superdome — or at least they aren't revealing it if they have.

"We are neutral in the Super Bowl, and we are just excited that they have brought their teams to the pinnacle of sports," Jackie Harbaugh said Thursday. "The Super Bowl is the ultimate accomplishment for them and for their teams and for all of the extended football family and all of the teams who have participated in this great game. We are excited for that type of thing."

Her sons, all of 15 months apart, have tried to downplay this matchup from the moment it developed — each wanting to keep the focus on the players, on the field.

Fortunately for the Harbaugh folks, they've been through this once before, albeit on a slightly smaller stage: Prime time on Thanksgiving night 2011. John's Ravens won 16-6 at home.

"We experienced that last year at Thanksgiving," Jack Harbaugh said, "the thrill of victory and the agony of defeat."

THE ASSOCIATED PRESS

Quoted

"I am going to be neutral in the game, and I know one is going to win and one is going to lose, but I would really like to end in a tie. Can the NFL do that?"

Jackie Harbaugh, mother of John and Jim Harbaugh, jokes about watching the Super Bowl.

Relationship hoax. Te'o plays voice mails from 'girlfriend' on Couric show

The person Manti Te'o says was pretending to be his online girlfriend told the Notre Dame linebacker "I love you" in voice mails played during his interview with Katie Couric.

Taped earlier this week and broadcast Thursday, the hour-long show featured three voice mails that Te'o claims were left for him last year. Te'o said they were from the person he believed to be Lennay Kekua, a woman he had fallen for online but never met face-to-face.

After the first message was played, Te'o said: "It sounds like a girl, doesn't it?"

"It does," Couric responded.

The interview was the All-American's first on camera since his tale of inspired play after the deaths of his grandmother and girlfriend on the same day in September unravelled as a hoax by Deadspin.com on Jan. 16.

Manti Te'o THE ASSOCIATED PRESS

Couric addressed speculation the tale was concocted by Te'o as a way to cover up his sexual orientation. Asked if he were gay, Te'o said "no" with a laugh. "Far from it. Faaaar from that."

He also said he was "scared" and "didn't know what to do" after receiving a call on Dec. 6 — two days before the Heisman Trophy presentation — from a person who claimed to be his "dead" girlfriend.

The first voice mail was from what was supposed to be Kekua's first day of chemotherapy for leukemia.

"Hi, I am just letting you know I got here and I'm getting ready for my first session and, um, just want to call you to keep you posted. I miss you. I love you. Bye," the person said.

THE ASSOCIATED PRESS

NBA. DeRozan delivers dazzling final shot as Raptors douse Magic in Orlando

On Thursday

Raptors	Magic
97	95

DeMar DeRozan swished a fadeaway jumper at the buzzer as the Toronto Raptors fought off a late-game charge by the Orlando Magic to earn a 97-95 victory on Thursday night.

It was a wild offensive night on both ends, featuring 12 lead changes and 12 players reaching double figures.

DeRozan led Toronto with 22 points, followed by Amir Johnson with 21 points and 10 rebounds. It was Johnson's sixth double-double of the season.

The victory gave the Raptors a four-game season sweep of the Magic, who dropped their fourth game in a row.

Nikola Vucevic led Orlando with 19 points and 14 rebounds. Arron Afflalo added 16 points and Glen Davis had 15.

THE ASSOCIATED PRESS

Magic forward Glen Davis goes up for a shot over Toronto's Ed Davis on Thursday in Orlando, Fla. PHELAN M. EBENHACK/THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
New Jersey	2	2	0	0	5	1	4
NY Islanders	3	2	1	0	12	9	4
Pittsburgh	3	2	1	0	11	9	4
Philadelphia	4	1	3	0	5	12	2
NY Rangers	4	1	3	0	9	14	2

NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Ottawa	3	3	0	0	11	2	6
Boston	3	2	0	1	8	6	5
Montreal	3	2	1	0	9	4	4
Buffalo	3	2	1	0	10	9	4
Toronto	4	2	2	0	12	12	4

SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Tampa Bay	3	2	1	0	13	8	4
Winnipeg	3	1	1	1	6	8	3
Carolina	3	1	2	0	8	12	2
Florida	4	1	3	0	7	12	2
Washington	3	0	3	0	6	14	0

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	4	4	0	0	17	10	8
St. Louis	4	3	1	0	15	6	6
Nashville	4	1	1	2	8	11	4
Columbus	4	1	2	1	7	15	3
Detroit	3	1	2	0	5	11	2

NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
Colorado	3	2	1	0	9	5	4
Minnesota	3	2	1	0	6	5	4
Vancouver	3	1	1	1	8	12	3
Edmonton	2	1	1	0	6	8	2
Calgary	3	0	2	1	7	12	1

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Dallas	4	2	1	1	8	8	5
San Jose	2	2	0	0	10	4	4
Anaheim	2	2	0	0	12	7	4
Phoenix	3	1	2	0	12	11	2
Los Angeles	2	0	2	0	3	8	0

Note: A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

Thursday's results
NY Islanders 7 Toronto 4
Montreal 4 Washington 1
Carolina 6 Buffalo 3
Philadelphia 2 NY Rangers 1
Ottawa 3 Florida 1
St. Louis 3 Nashville 0
Chicago 3 Dallas 2 (OT)
Colorado 4 Columbus 0
Los Angeles at Edmonton
Phoenix at San Jose

Friday's games — All Times Eastern
Washington at New Jersey, 7 p.m.
NY Islanders at Boston, 7 p.m.
Carolina at Buffalo, 7 p.m.
Ottawa at Tampa Bay, 7:30 p.m.
Minnesota at Detroit, 7:30 p.m.
Pittsburgh at Winnipeg, 8 p.m.
Vancouver at Anaheim, 10 p.m.

Saturday's games
Colorado at San Jose, 4 p.m.
Toronto at NY Rangers, 7 p.m.
Chicago at Columbus, 7 p.m.
Philadelphia at Florida, 7:30 p.m.
St. Louis at Dallas, 8 p.m.
Los Angeles at Phoenix, 8 p.m.
Edmonton at Calgary, 10 p.m.
Nashville at Anaheim, 10:30 p.m.

TENNIS

ATP — WTA
AUSTRALIAN OPEN
At Melbourne, Australia

WOMEN
Singles — Semifinals
Li Na (6), China, def. Maria Sharapova (2), Russia, 6-2, 6-2.
Victoria Azarenka (1), Belarus, def. Sloane Stephens (29), United States, 6-1, 6-4.

MEN
Singles — Semifinals
Novak Djokovic (1), Serbia, def. David Ferrer (4), Spain, 6-2, 6-2, 6-1.
Doubles — Semifinals
Bob and Mike Bryan (1), United States, def. Simone Bolelli and Fabio Fognini, Italy, 6-4, 4-6, 6-1.
Robin Haase and Igor Sijsling, Netherlands, def. Marcel Granollers and Marc Lopez (3), Spain, 7-5, 6-4.

NFL

PRO BOWL
Sunday, Jan. 27 — All Times Eastern
At Honolulu, Hawaii
AFC vs. NFC, 7 p.m.

SUPER BOWL XLVII
Sunday, Feb. 3 At New Orleans, La.
Baltimore vs. San Francisco, 6 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Miami	27	12	.692	—
New York	26	14	.650	1½
Brooklyn	26	16	.619	2½
Chicago	25	16	.610	3
Indiana	26	17	.605	3
Atlanta	24	18	.571	4½
Milwaukee	22	18	.550	5½
Boston	20	22	.476	8½
Philadelphia	17	25	.405	11½
Detroit	16	26	.381	12½
Toronto	**16**	**27**	**.372**	**13**
Orlando	14	28	.333	14½
Cleveland	11	32	.256	18
Charlotte	10	32	.238	18½
Washington	9	31	.225	18½

WESTERN CONFERENCE

	W	L	Pct	GB
Oklahoma City	33	10	.767	—
San Antonio	34	11	.756	—
L.A. Clippers	32	11	.744	1
Memphis	27	14	.659	5
Golden State	26	15	.634	6
Denver	26	18	.591	7½
Utah	23	19	.548	9½
Portland	21	21	.500	11½
Houston	22	22	.500	11½
Minnesota	17	22	.436	14
Dallas	18	24	.429	14½
L.A. Lakers	17	25	.405	15½
Sacramento	16	27	.372	17
Phoenix	14	28	.333	18½
New Orleans	14	28	.333	18½

Note: division leaders ranked in top three positions regardless of winning percentage.

Thursday's results
Toronto 97 Orlando 95
New York 89 Boston 86
L.A. Clippers at Phoenix

Wednesday's results
Atlanta 104 Charlotte 92
Miami 123 **Toronto 116** (OT)
Brooklyn 91 Minnesota 83
Denver 105 Houston 95
Memphis 106 L.A. Lakers 93
Chicago 85 Detroit 82
San Antonio 106 New Orleans 102
Utah 92 Washington 88
Portland 100 Indiana 80
Phoenix 106 Sacramento 96
Golden State 104 Oklahoma City 99

Friday's games — All Times Eastern
Minnesota at Washington, 7 p.m.
Detroit at Miami, 7:30 p.m.
Boston at Atlanta, 7:30 p.m.
Milwaukee at Cleveland, 7:30 p.m.
Golden State at Chicago, 8 p.m.
Brooklyn at Memphis, 8 p.m.
San Antonio at Dallas, 8 p.m.
Houston at New Orleans, 8 p.m.
Oklahoma City at Sacramento, 10 p.m.
Utah at L.A. Lakers, 10:30 p.m.

See today's answers at metronews.ca/answers.

Horoscopes

♈ Aries
March 21 - April 20
So long as you enjoy what you are doing, you won't care in the slightest what other people think. Life is simply too short to worry about whether the world sees you as a "good guy" or a "bad guy".

♉ Taurus
April 21 - May 21
The only danger today is that because you insist on everything being thought out and planned in advance you might lose the spark of spontaneity that turns good ideas into great ideas. Be more open to alternative viewpoints.

♊ Gemini
May 22 - June 21
Today's Sun-Uranus link is sure to change your life for the better in some way. Exactly how and to what extent is impossible to know but by this time tomorrow you will have both a wider and deeper view of reality.

♋ Cancer
June 22 - July 23
Don't limit yourself to tried and trusted methods. Try something new for a change. Uranus, planet of changes, is urging you to be a bit more adventurous, especially on the work front where you should be taking the lead.

♌ Leo
July 24 - Aug. 23
You must live up to your beliefs, even if it brings you into conflict with people you would prefer not to make enemies of. You are entitled to think for yourself and to express your opinions, loudly if needs be.

♍ Virgo
Aug. 24 - Sept. 23
You have been ignoring a number of warning signals and that's not a good idea. Today's Sun-Uranus link will again indicate where you have been going wrong and this time you must take appropriate action.

♎ Libra
Sept. 24 - Oct. 23
Try not to exert yourself too much today. Given the choice between doing more or doing less, choose the latter without hesitation. You've done your bit, so treat yourself to a break.

♏ Scorpio
Oct. 24 - Nov. 22
If you are typical of your sign, you sometimes find it hard to think outside certain limits or boundaries. But, today's Sun-Uranus link will shatter any barriers that are holding you back. The word "impossible" should not exist.

♐ Sagittarius
Nov. 23 - Dec. 21
You could easily mislead yourself today about an issue that seems unimportant but is likely to have far-reaching consequences. Check every relevant fact. Don't take anything on trust, not even what your own senses tell you.

♑ Capricorn
Dec. 22 - Jan. 20
Forget about perfection today. Just aim to be as good as you can be at what you do and be happy with that. It's always good to set yourself new goals but it's not good to make them unreachable.

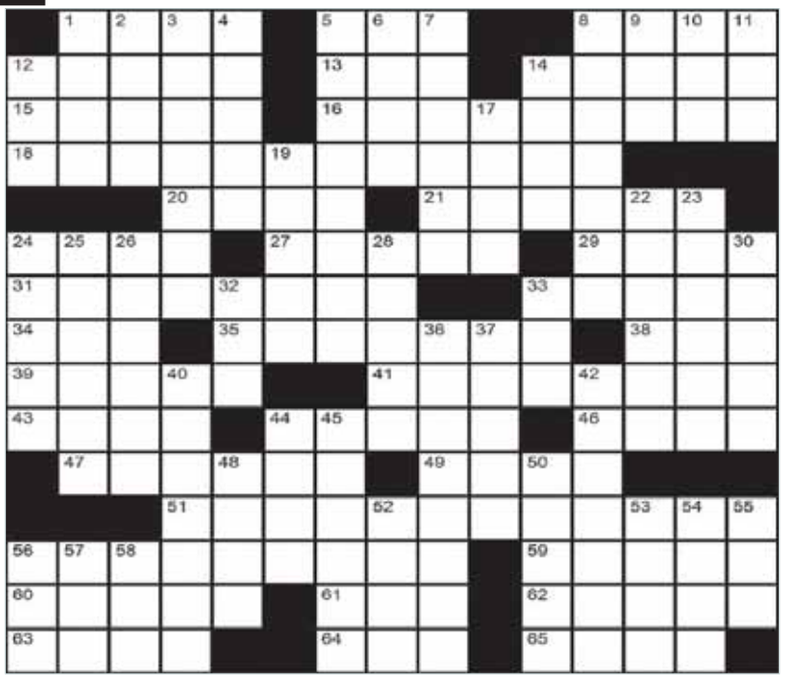
♒ Aquarius
Jan. 21 - Feb. 19
The Sun in your sign makes a positive link to your ruling planet Uranus today, which in plain language means that all your best traits will come to the forefront. Others will see you as some kind of genius.

♓ Pisces
Feb. 20 - March 20
You must not be indecisive today, because an opportunity will arrive out of the blue and if you don't make use of it immediately it will pass you by just as quickly. You may not feel confident, but act as if you are.

SALLY BROMPTON

Crossword: Canada Across and Down

BY KELLY ANN BUCHANAN



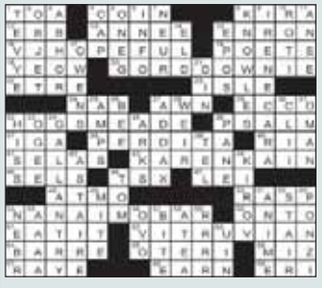
Across

1. "Piano Man" Billy
5. Sea: French
8. Hong __
12. Valley of BC, Bella __
13. Wonderment
14. __ Vanilli
15. Commencement
16. Canadian singer/songwriter: 2 wds.
18. "Hansel & Gretel __ __" (2013)
20. Abound
21. Madonna's 1996 title role's namesakes
24. Irving Wallace novel, __ _ Document
27. Start of a challenge: 2 wds.
29. Dr. Frankenstein's pal
31. "The Matrix __" (2003)
33. Terminate
34. Music's __ Young Band
35. Movie studio
38. "__ _ Have to Say the Words?" by Bryan Adams
39. Ms. Tyler (of CBS' "The Talk")
41. Vito Corleone's gig: 2 wds.
43. Capital of Qatar
44. "Ocean __" by 54-40
46. Truck types
47. Late-Medieval war helmet
49. 'Exfol' ending
51. "Hockey Night in Canada" feature: 2 wds.
56. 90-second healthy living TV spot
59. Contaminate
60. Destiny's Child, and others
61. __-la-la
62. Ms. Macphail, Canada's first woman MP, in 1921
63. Fridge's friend
64. Ruler measurements [abbr.]
65. Shakespearean King

Down

1. Music's Ms. Mitchell
2. Flemish painter, Jacob van __ the Elder
3. Music genre, __-pop
4. Workshop machine
5. Shaun of "This Hour Has 22 Minutes"
6. Mr. McGregor
7. Tenant
8. Actress Ms. Alley
9. Not new
10. Atlanta Braves' baseball div.
11. __ rummy
12. Moo-er
14. Great Big Sea song: "__-Mac"
17. Ms. Campbell
19. Reality star Ms. Montag
22. "In-_-__-Da-Vida" by Iron Butterfly
23. "Must you leave __ __?"
24. Sole pattern
25. Charioteering sun god
26. Ms. Cuthbert of ABC's "Happy Endings"
28. Commander __ (Lorne Greene's role on the late-1970s version of "Battlestar Galactica")
30. Harnesses
32. Grammy competitor, commonly
33. Gladiator's 111
36. Actress Ms. Hargitay's
37. What the insurance commercials duck says
40. Brit singer Ellie Goulding's current album
42. Norm
44. Particular fruit
45. "Yada, Yada...": 2 wds.
48. High-arc tennis shots
50. "__ Recall" (1990)
52. Damage
53. Fashion brand, __ Ricci
54. Power, for short
55. Lefts opp.
56. "Takin' Care of Business" gr.
57. Popcorn's Mr. Redenbacher, for short
58. Board game cube

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

						6	1	
9		7	8	1				
			7	5				8
	9	8					6	1
3								4
2	4					7	9	
1				4	3			
				6	2	8		3
	6	3						

Yesterday's Sudoku

4	8	9	5	1	2	3	7	6
3	6	2	9	7	4	5	1	8
7	5	1	6	3	8	4	9	2
1	3	4	8	5	7	6	2	9
2	9	8	4	6	3	7	5	1
5	7	6	2	9	1	8	3	4
8	4	7	1	2	5	9	6	3
9	1	3	7	4	6	2	8	5
6	2	5	3	8	9	1	4	7

Today 8°/4° Showers 40%
Saturday 6°/3° Rain 80%
Know what the weather will be 14 days from now.
Check the 14 day trend.
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Surfers Paradise 5 Nights from $269pp
INCLUDES beachfront accom. UPGRADE to 4-star accom from $23 per night. ADD surf lesson from $67.

Fraser Island 3 Nights 4-Star from $299pp
INCLUDES accom on the World Heritage Fraser Island. ADD full day guided 4WD tour from $178.

Brisbane 5 Nights from $354pp
INCLUDES accom in the CDB. UPGRADE to 5-star accom from $22 per night. ADD Croc Express to Australia Zoo from $135.

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Maui Air + 7 Nights
from **$1021**

INCLUDES Kihei accom near Kamaole Beach Park II.

Honolulu Air + 7 Nights from $1036
INCLUDES central Waikiki accom.

Kona Air + 7 Nights from $1039
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Riviera Maya 7 Nights 4-Star	from $1145
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USA

Anaheim Family Special
Air + 3 Nights
from **$294**°

INCLUDES accom near theme parks. Price per person based on family of 4.

Las Vegas Air + 3 Nights from $320
INCLUDES accom on the Strip. UPGRADE to 4-star from $12 per night.

Orlando Family Special Air + 7 Nights from $678°
INCLUDES central accom with free transportation to major attractions. Price per person based on family of 4.

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Self Drive Vacation

Costa Rica
Air + 8-Day Self Drive Tour
from **$1617**

INCLUDES roundtrip airfare to San Jose, compact car rental, central accom and most breakfasts while travelling the route of La Fortuna, Arenal Volcano and Manuel Antonio National Park.

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Sun Peaks
3 Nights + 2-Day Lift Pass
from **$274**pp

INCLUDES accom in the Village and 2-day lift ticket to ski Sun Peaks.

Harrison Hot Springs Valentine's Day, 2 Nights from $124pp
INCLUDES accom near Harrison Lake.

Victoria Valentine's Day 2 Nights 4-Star from $134pp
INCLUDES accom on the Inner Harbour over Valentines Day.

Whistler Valentine's Day 2 Nights from $239pp
INCLUDES Village accom.

Big White Spring Break 4 Nights from $364pp
INCLUDES Village accom. ADD 3-day lift ticket to ski Big White from $72 per day.

Long Stays

Algarve Air + 19 Nights
from **$2452**

INCLUDES self-catering Albufeira area accom near the beach with full kitchen.

Cancun Air + 21 Nights from $1779
INCLUDES accom in a beachfront resort in Cancun's hotel zone.

Phoenix Air + 21 Nights from $1869
INCLUDES North Phoenix accom.

Cape Town Air + 19 Nights from $2608
INCLUDES central accom and daily breakfast included.

Asia Vacations

Hong Kong Air + 6 Nights
from **$1474**

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